

FEBRUARY, 1907

10 CENTS

# THE STELLAR RAY



Successor to

## SUGGESTION

Higher Thought, Philosophy  
Modern Menti-Culture  
Practical Psychology  
Physical Upbuilding  
Astral Science  
Occultism  
Optimism  
Opulence

Published by

**THE ASTRO PUBLISHING CO.**  
DETROIT, MICH., U. S. A.

## To all Receiving Sample Copies of This Magazine.

### GREETING:

This magazine is sent to you in response to your personal request or because some friend sent in your name with a request that a sample copy be mailed to you. In any event, it is taken for granted that you are a thinking person. If you read this magazine you may flatter yourself that you have more intelligence than the average person, for only persons of unusual intelligence care to read a magazine devoted to advanced thought topics. I am sure that you are interested in mental and physical culture, and regeneration of the mind and body, the development of inherent forces and higher powers, the study of rational hygiene, psychic research, astral science, occultism, and the various questions of progress and reform along advanced thought lines—in short, I understand that you are a thinker.

This magazine is devoted to a rational discussion of the topics mentioned above. It discusses the application of the principles of practical psychology for health, happiness and success, and stands for progress and reform in all its lines of modern thought—intellectual, religious, social and economic. Read our platform printed elsewhere in this magazine.

You are cordially invited to become a subscriber; our magazine is for the thinker—the investigator—for those who want facts—hence our appeal to you. I do not countenance fads, quackery, or wild theories. This publication is a scientific magazine, and seeks to find a basis of fact for all phenomena; it does not deal in theories or dogmas. What we want are facts. Its pages are open to all for temperate discussion on all lines of rational and liberal thought. We want people to think.

I believe you will be pleased with the ideas advanced, and I trust that you will send your subscription to-day. Kindly attend to this at once. Send us your subscription. May I have the pleasure of hearing from you?

Editor, THE STELLAR RAY.

**SUBSCRIPTION PRICE.**—Annual Subscription in the United States, Canada, Mexico and Cuba, \$1.00; foreign, 6 shillings. (\$1.50) In the city of Detroit the yearly subscription price is \$1.25.

The magazine is for sale at all first-class news stands for 10 cents

# TABLE OF CONTENTS,

## February, 1907.

---

|  |    |
|--|----|
| A Business Man's Advice to Boys.....               | 53 |
| A Knock at the Door.....                           | 77 |
| Are There Other Universes?.....                    | 81 |
| Biochemic Treatment of Disease.....                | 72 |
| Breathing Exercise for Women.....                  | 67 |
| Brain Building.....                                | 86 |
| Clairvoyance .....                                 | 83 |
| Forecast for 1907.....                             | 64 |
| Hanging and Electrocution Relics of Barbarism..... | 55 |
| Improving the Human Race.....                      | 85 |
| Influence of Love.....                             | 78 |
| Money Making a Means of Higher Development.....    | 58 |
| Nature Cure for Old Age.....                       | 74 |
| Nature's Remedies.....                             | 59 |
| Not an Enemy of the Church.....                    | 57 |
| Pessimists of the Past.....                        | 93 |
| Prejudice and Ignorance.....                       | 51 |
| Psychic Phenomena.....                             | 87 |
| Soul Life.....                                     | 80 |
| Strange Experiences.....                           | 79 |
| Telepathy and Premonitions.....                    | 93 |
| The Benefit of Darkness.....                       | 52 |
| The Law of Destiny.....                            | 55 |
| Twentieth Century Slavery.....                     | 56 |
| The Sun in Taurus.....                             | 62 |
| The Science of Planetary Influence.....            | 63 |
| The Drugless Healer.....                           | 71 |
| The Power to Please.....                           | 79 |
| Time Can Work Every Wonder.....                    | 90 |
| Universal Spirit.....                              | 90 |
| What is Nature?.....                               | 96 |



**F**EARLESSNESS, sincerity, assiduity in devotion, generosity, self-restraint and pity, study, rectitude, harmlessness, veracity and freedom from anger, resignation, equanimity, not speaking of the faults of others, universal compassion, patience, power, fortitude and freedom from conceit; these are the works of him whose virtues are of a Godlike character.





## Our Platform.

THE STELLAR RAY, is a magazine of higher thought. It stands for a rational system of living based on natural laws in which the physical, mental and psychological elements are duly considered.

\* \* \* \*

This magazine teaches that every ill—political, industrial, social, physical, mental and psychological—can be remedied by the proper application of natural laws; that nature will cure all diseases without drugs when given an opportunity; that nature designed every sentient being to enjoy a happy existence; that the laws of this universe are adequate for all conditions and all emergencies, and if permitted to act naturally, universal peace, good-will, prosperity and health would result; that facts are the result of underlying law; that the human intellect and will is unchained and unassailable; that the power of thought is the most potent force; that creation today is a thought externalized, and that thought rightly applied will solve any problem that now confronts the human mind.

\* \* \* \*

Among subjects of interest to thinkers discussed in THE STELLAR RAY from a scientific standpoint may be mentioned the following:

### HEALTH, HAPPINESS AND SUCCESS.

NATURE CURE.

PSYCHIC RESEARCH.

PERSONAL MAGNETISM.

ASTRAL SCIENCE.

RATIONAL HYGIENE.

ADVANCED THOUGHT.

FORMATION OF CHARACTER.

POWER OF THOUGHT.

SUGGESTION.

PRACTICAL PSYCHOLOGY.

DEVELOPMENT OF THE WILL.

ANIMAL PSYCHOLOGY.

PSYCHOLOGY OF CHILDHOOD.

PHYSICAL CULTURE.

### DRUGLESS METHODS OF HEALING.

\* \* \* \*

All interested in the above declaration of principles are invited to co-operate with the editor in extending the sphere of usefulness of the magazine. Send names of thinkers and requests for sample copies to ASTRO PUBLISHING Co., Hodges Building, Detroit, Michigan.

# THE STELLAR RAY

A MAGAZINE FOR THINKERS

Published monthly at Detroit, Mich., by  
**THE ASTRO PUBLISHING COMPANY.**

---

HENRY CLAY HODGES, Editor.

---

SUBSCRIPTION PRICE—In the United States, except the City of Detroit, \$1.00; Mexico, Cuba, Canada and Island possessions of the United States, \$1.00; in the City of Detroit, by mail, \$1.25; foreign, except as noted above, (Six shillings) \$1.50

Subscriptions must commence with the current issue.

Entered at Post office, Detroit. Mich., as Second-class Matter.

Vol. XVIII

FEBRUARY, 1907.

No. 2



## EDITORIAL



### Prejudice and Ignorance.

**P**REJUDICE and ignorance are the barricades which shut out the light from whatever direction it may focalize.

The one idead man who builds around himself an incase-ment impregnable to the light of scientific truths that are all about him, is of all creatures the most to be pitied. We find them in all the walks of life. In the pulpit, in the medical profession, among farmers, mechanics; engineers, editors, managers of corporations. These are the stumbling blocks strewn along the highways of progress.

In these cases each individual feels that he is privileged with knowlédge beyond all others of the human family, that for some good reason the knowledge which he possesses encompasses all

that is to be known and he spurns a contact with any rational idea not born within his infinitesimal anatomy. We all know this type of humanity. The love of his fellow beings cannot be his, because he is so filled with egotism and prejudice against them because they do not look at life and all creation from his point of view. Prejudice crystalizes the sensibilities of body, mind and soul. For the sake of the betterment of all earth conditions should the prejudiced mind think for a few minutes each day upon the attribute of the soul, called love, and the mental rights of others.

These people are like the fish. Could you make a fish believe that there is any life beside his own? No Sir. No life could exist outside of his watery element. He would argue: It is preposterous to suppose that any expressions of life could exist by breathing the air, and the fish would have the better of the argument from his point of view. Not only would this be true, but he would say; "Have I not the right to eat the little fishes that come in my way? No, get away with your nonsense, I am a big fish, I know whereof I speak."

Come friends! let us arise from our fish-like state, shed our scales, breathe the glorious air around us, and open our minds to the possibilities of the attainment of knowledge and wisdom all about us.

---

By all means continue sending me THE STELLAR RAY, as I would not miss one publication for many dollars.—L. G. S., Georgetown, Colo.

---

## The Benefit of Darkness.

**M**ORNING light brings to the sleeping earth, fruition from repose. The law of darkness is most beneficent.

All life obeys the law of relaxation. Life vibrations are less rapid when shielded from the sun's rays; ebb and flow. The night shadows cause the ebb, the daylight the flowing tide of life.

All of earth's mechanical inventions follow this law.

All engines are formed to recede in order to gain momentum for the expansion or high pressure which produces the required force. When we realize the great power latent in this law, we shall study it more carefully, and understand how to utilize the law of darkness or relaxation for its value as a creator of vital force. Now we strive through all hours until outraged Nature rebels and calls her tired children to rest. As a mother gently leads a rebellious child to its needed repose, so do the beneficent night shadows enfold all nature.

## A Business Man's Advice to Boys.

Written for the *Detroit News-Tribune* by Henry Clay Hodges, editor THE STELLAR RAY.

(Henry C. Hodges, one of Detroit's best known citizens, and who, for many years has been a successful business man, is an inventor of various improvements in machinery, as well as a writer and a publisher of books. He combines mechanical work with studies of a scientific nature, and is especially well-fitted to give a word of advice to boys who are looking forward to a business career, or who desire to enter any of the professions. His suggestion upon "adaptability," to find out first what a boy is naturally qualified for, and then let his studies bear in that direction, is an idea of the utmost practicability, and it is the practical that the boys are looking for, if they mean to become good business men.)—Editor *Detroit News-Tribune*.

**B**OYS like to think about what they intend to become when they reach manhood. A key to unlock the future of this all-important matter of each boy's life may be found by answering the question: What kind of a boy is he today? By that I mean, what is the boy qualified for? Is he a mechanical genius? Is he a booklover? If so, what books interest him? Has he a strong tendency in some line of expression? Everybody has certain adaptabilities for certain positions in life. Doctors, musicians, artists, financiers, inventors are all born, and where they have become a great success they have found, through the great flowing tide of life, the proper current to bear them forward; their work proves to be a pleasure because it is natural to them.

Consequently the first and most important thing for a boy to think about is, what is he qualified for, and then bend all his energies to succeed. His studies should bear upon his vocation in a manner that will give the boy a broad-minded outlook, and at the same time equip him for his special vocation. Not

enough consideration has been given to a boy's fitness for what he undertakes. The boy spends many preparatory years in acquiring a general, desultory education. Upon leaving school or college, his father looks about for a good position for his son, or the boy decides that he will become a civil engineer, an electrician, a banker, a railroad clerk, or street car conductor; not because he is adapted for any of these occupations, but because his father is a railroad man, or the boy has a friend making a success as an electrician, or there is an opening in a bank, and the boy thinks he will try it.

The boy of the coming time will be particular to find out his special adaptability before he takes up any employment, and then he will devote his life and energy to making a success of it. Having taken the pathway of adaptability, the boy who means to succeed will need to cultivate his will power. The will power rightly directed will bear him over mountains of difficulty, and safely through valleys of beguiling temptation. His will force rightly directed will yield him a noble character, without which there is no true success, than which there is nothing to be more desired. The writer has in mind a man whom he has known for many years, who is a resident of this city, is known and loved from Duluth to Buffalo because of his estimable character. He, like John Rockefeller, is nearing the sunset of life. Rockefeller is said to be the richest man of the day, but I would rather possess this man's character than the wealth of a thousand Rockefellers, or the honors of a Julius Cæsar.

The day is coming when a science will be taught in our schools and colleges, which will point unerringly to the lines of endeavor for which the boy is fitted. Then there will be no mistaken endeavors; each boy's chart will point with undeviating exactness to the lines of his best adaptation. Then will successful boys be in the majority, failure the exception.

---

Have been a very much interested reader of your publication, *THE STELLAR RAY*, valuing it more than any other periodical that I read, giving as it does food for thought in a line particularly valuable to a physician.—*C. R., M. D.*, 46 S. Sheldon St., Chicago.



## Hanging and Electrocution Relics of Barbarism.

THE practice of hanging or electrocution exemplifies the old Mosaic law, an eye for an eye, a tooth for a tooth, blood for blood, a life for a life. Not so does the Nazarene teach. Two thousand years ago that gentle reformer preached against such barbarity. But still do nations bearing his name on their standards resort to the old-time cruelty. It is a vicious practice and serves no purpose of reform. Murder statistics show no abatement of that crime in states using this method as compared with those which have abolished it.

When will our lawmakers recognize the fact that every act of cruelty committed by the state or an individual is a suggestion to criminal minds to perpetrate deeds of similar import? Heaven speed the day when an eye for an eye and a tooth for a tooth, will not be practiced by a people who have built their religious ideals upon the ethics of the gentle Nazarene.

---

## The Law of Destiny.

EVERY child born into this life has marked out for it a destiny for good. If it follows along this line of destiny it will be in harmony with Nature's laws, and its life from beginning to end will be one of health, happiness and success.

But the difficulty lies in the fact that we do not live in accord with Nature's laws, and then we blame destiny, or providence, for our ill health, our unhappiness and our failures. Nature intended every man to live in harmony with her laws, all of which work together for the good of man.

The only destiny ever foreordained to any man is the destiny that will result from an obedience or disobedience to the laws of Nature. Whenever we break one of the least of these laws we are getting off the line of our destiny, and are out of harmony with the laws of our being. Every pain, every worry, every wrong, is the result of a broken law. Nature will not hold him

guiltless who violates her law, but for every side step there is a penalty that we cannot escape.

If we foolishly expose ourselves to the conditions that bring on cold and pneumonia, the pain and discomfort we experience are Nature's method of prodding us back in line with her law.

If we allow anger, hatred or fear entrance into our thoughts, we are but wasting our energies and bringing upon ourselves anguish and suffering. We are out of accord with Nature and we will find no peace, no rest, no happiness, until we banish these malevolent emotions and get into harmony with the law of destiny, which is love, and love is fearless and free from worry or anxiety.

The law is divine and beautiful when rightly understood. Through ignorance we err, through experience we gain knowledge, and with knowledge comes power, and with power comes liberty.

---

## Twentieth Century Slavery.

**E**MANCIPATION from slavery has not yet been attained, even in Christian countries. A man, to be sure, may seemingly come and go at will, but his mind is still to be dominated and fettered by what his fellow men think and believe about the immutable laws of the universe and their Great Author. One truth stands out in the world's history, and it is this: Everywhere does an established religion oppose progress. The Church stands for unyielding bigotry, until the tide of progress becomes too strong for her narrow fortifications, and, like the currents of Niagara, sweeps them into oblivion. The Church opposes each ray from the lighthouse of scientific reasoning that is turned upon her mouldy traditions of the past. She has tortured and slain her victims for ages. We need only to glance backward to the day of the gentle Nazarene and follow the bloody trail of the Christian religion to prove our words. This noble character, who taught his followers to worship in tabernacles not made with hands, in silence and solitude, to love the great

All Father, and the neighbor as one's self, to smite not again, to share all things liberally; in the name of this gentle teacher are the pages of history dyed with blood.

Thank heaven the present day will not tolerate bloodshed or burning at the stake. Nevertheless the promulgators of truth found within the palings of the Church, are charged with heresy, and driven from within their fold, simply for daring to express the truth as they see it. So did they to the gentle Nazarene and many of his immediate followers. However, the Church is honeycombed with millions of broad and intelligent minds among whom are many of its ministry who are inspired by the truth of the twentieth century instead of pinning their faith to the mythical seeds planted in the days of Constantine, to-wit the third century.

But the tidal waves of evolution are moving with irresistible force, and the crest of each wave washes away the debris of the dead past and brings humanity out into the fields of broader knowledge and a higher concept of the cosmic forces sent forth by the law of Progress.

---

Place yourself in the middle of the stream of power and wisdom which flows into you as life, place yourself in the full centre of that flood, then you are without effort impelled to truth, to right and perfect contentment.—*Emerson.*

---

## Not an Enemy of the Church.

THE STELLAR RAY does not wish to be understood to be an enemy of the Church. No—far from it. We believe in the Master who lived and taught two thousand years ago, whose teachings have been the beacon light of the world.

The Christ principles are so simple, when stripped of the dogmatic limitations of many of the religious teachers of the past and present. These dogmas hang about the noble truths as a dense fog, obstructing the attainment of the haven so near at

hand. What we do disapprove of is the attitude of the Church toward liberty of thought. The mind of man is the distinguishing mark between himself and the animal, and if mind has not liberty to exercise this God-given power, then what are we but serfs and slaves? In the language of Patrick Henry. "Give me liberty or death."

Let us strive to tear away the musty draperies of ignorance, to throw the searchlight of truth upon the errors of undeveloped reason, ever embuing the truth with the great Spirit of Love that shall teach mankind.

---

## Money Making as a Means of Higher Development.

**I**F we were machines invented for the purpose of coining money, we should be turning it out, so many dollars per day, and doing it well, too, or not at all.

We are far superior to any automatic invention, but many of us do not succeed in making money well, in fact we can scarcely get enough together to provide for our necessities. We have a proverb that says; "If a thing is worth doing, it is worth doing well." Now if it is worth while to make money, and we all admit that it is, then it is worth doing well.

Well done, is a mark of distinction, everywhere. Well done is not, however, over done. A man who devotes his vital forces exclusively to thought, is an abnormal creature. One who lives to eat is also an abnormal creature, more repulsive than the first. The man who uses all of his time and energy in money making, does not command the respect of his fellow-men.

Hence a business to be well done, should not be over done. It also requires thought force to bring about a successful achievement. Then in the first place it is necessary to apply right thought currents to all business life and see to it that there is an interest in the occupation which includes others beside oneself. It is a magical adjuster of the perspective of business life,

taking others into earnest, fair consideration with ourselves in any form of money making, from the daily wage earning to the operations of the largest enterprises.

When the mind takes the broader and higher view of this department of life, the interest deepens, a new spirit of enterprise is awakened, the standard as to quality is perceptibly raised, business increases, profits accumulate. This is not a theory, it is a scientific fact demonstrated by ages of human experience.

Put your daily occupations upon a plane of interest in others, and an intent to perform them well for the sake of others as well as yourself, and you will gradually experience broader opportunities, more happiness and greater prosperity.

The poorest, most ignorant wage earner in the world, also the educated financier, may thus lift his business life and with it himself to a higher plane of existence. Try it for thirty days and let us hear from you.

---

## Nature's Remedies.

**F**OR every ill that may befall the human family, Nature, in her great laboratory, has provided a remedy. There never was a more beneficent parent than Mother Nature. First she set in motion laws for her children to obey. Laws which if obeyed would give perfect health and harmony in every part of the body. But Nature foresaw that many, through ignorance, would violate her laws, and suffering and sickness would be the unavoidable result. So to meet these conditions, she has caused to grow upon all parts of the earth, herbs and plants for the healing of the sick.

These remedies, if properly used, will help Nature to restore health and harmony to the physical organism. These herbs contain the important constituents for the healing of the human body. They cannot be combined by the hand of man, or put together by the chemist.

Not only has Nature provided these remedies, but she has laid down a law by which the appropriate one may be selected



for any given disease. This law is simple and easy of application. Every child born into this world, is stamped, as it were, by the influence of the planets at the moment of its birth. For instance, if a child is born when the influence of Mars is dominant, it will be liable to the diseases produced by the Mars influence, namely, febrile diseases. Then to overcome and offset the diseases due to the Mars influence, such plants and herbs should be selected as come under the rule and are in affinity with the planet Mars. Or, homeopathically speaking, we would apply the rule *similia similibus curantur*; that is, selecting for the healing of the discordant influence of Mars those herbs that come as a result of the Mars influence. The Mars influence is fiery, consequence fever.

Or, if a child is born when the influence of Saturn prevails, then for the Saturnian diseases to which it will be liable, a plant or herb coming under the rule of this same planet would be most efficacious in treating the disease. The Saturn influence is cold and congealing.

That which is said above with reference to the influence of Mars and Saturn, is equally true of the other planets. For instance the discordant influences of Mercury affect the vocal organs and the result is stammering, as Mercury controls the tongue and organs of speech. The question is asked: Can these influences be overcome? Most certainly, as is proven by the remedial agents employed in the schools for stammerers.

What is true of the herbs of Mars and Saturn, is also true of those herbs coming under Venus, Jupiter, etc.

It is very important that the physician and surgeon should understand these planetary influences, and we know the time is near at hand when our learned physicians will demand that this science be taught in their medical colleges. While considerable progress has been made in the last few centuries in the knowledge of materia medica, hygiene and surgery, and new remedial agents have been discovered, yet it is still lamentably true that the principles of treatment and their application to the cure of the sick remain empirical and unsatisfactory, and it is

difficult for the physician to find any rational principle for the treatment of a case.

In fact, the physicians themselves recognize that the practice of medicine is not an exact science, but is largely founded upon conjecture and experiment.

The far distant planets, Urania and Neptune, are now producing a great influence upon mental conditions. Probably two-thirds of the cases in insane asylums are due to the discordant influence of Urania, in particular. If physicians understood the causes back of these disturbed mental conditions a large majority could be restored to health of mind and body.

The medical profession is groping in the dark, eagerly and conscientiously searching to find remedies to alleviate human suffering. We cannot speak too highly of the noble, self-sacrificing army of doctors who spare no pains, hesitate at no hardship, to bring relief to the sick. But what the medical profession needs is to get back to first principles and build up a truly scientific practice. As soon as the physician recognizes that we are each but an epitome of the universe, with bodies so keyed and tuned as to respond to every changing mood of the stellar rays, as soon as the physician recognizes this truth, he will have found the compass that will direct him to a rational and scientific treatment of disease. All hail to the better days coming when the beneficent laws of Nature will be understood.

---

"Is it inconceivable that intense thought concentrated toward a sensitive with whom the thinker is in close sympathy may induce a telepathic chain of brain-waves, along which the message of thought can go straight to its goal without loss of energy due to distance? And is it also inconceivable that our mundane ideas of space and distance may be superseded in these subtle regions of unsubstantiated thought where "near" and "far" may lose their usual meaning? I dare to suggest this."—*Sir Wm. Crookes.*

---

Cultivate the attitude of universal love. This is the solvent which removes all difficulties, all fears, all apparently hostile conditions.—*Edward A. Pennock.*

## STELLAR SCIENCE

### The Sun in Taurus.

We shall now consider the Sun when posited in the sign of Taurus, or the second house. This occurs between April 20th to May 20th. This is most favorable for the acquisition of wealth and possessions generally. Such may come through business, or through inheritance, or through investments, stocks and shares or public undertakings. If a female she may gain through the husband; the children gain in money or possessions through the parents. It is good for the acquisition of houses or lands and for those whose occupation is connected with these, and with the earthy element generally. It is fortunate for the father. The native is warm-hearted and affectionate, though there is liability to be misled, so as at times to bestow the affections too readily. He is firm, patient and obstinate; is very set upon achieving his end; pursues his object with great determination, even if it should lead him away from the lawful track. He is ambitious, and desirous of assuming a prominent position. This influence may lift the native up, and give him favor of those in authority, or in a higher sphere of life. In a bad horoscope there may be notoriety, instead of fame, and a bad temper, rather than firmness, and it is then apt to increase the selfishness. There is an inclination for poetry, music, painting and fine arts. He is generally free and generous, though at times the opposite tendency shows itself, and he is extremely careful of money matters. It is good for vitality, but in an afflicted horoscope, will tend towards fits, convulsions or effusions of blood on the brain.—*Vol. II, page 282, Science & Key of Life.*

---

I wish to congratulate you on the first issue of THE STELLAR RAY. I like everything in it from your broad, open, noble face on the front page, clear through.—*W. T. C., Rome, Ga.*

## The Science of Planetary Influence.

**W**E are more concerned in the general principles underlying the great science of planetary influences than in the local aspects. In our mind the more important phase of the great subject is that of human individual expression. It seems so necessary that the vexed questions of adaptation and fitness of time, place and the personality to fill them, should be solved first of all. For when men and women, instead of struggling along out of their element, wasting life energies along lines of effort that bring either indifferent success, broken health, or total failure, shall choose and become fitted for their proper niches in life, then will general and individual conditions improve rapidly.

Our great desire is to see the day when this infallible science will be taught in our schools and colleges, as is astronomy, chemistry, etc. As it is today, those who are delving in the science are mostly self-taught, picking up a fragment of truth here and there, and are without the necessary means of becoming thorough students.

The time will come when governments will recognize the great benefit of this science, the key to right living. Bureaus of information will be provided where the people may obtain accurate knowledge. For example, those versed in this science will report upon the proper seed and planting time; others give out correct weather prognostications; others will inform as to the favorable time at which surgical operations should be performed; still others to scientifically determine how men and women may be properly mated; also the times for conception of offspring. When these great practical questions of life are under the guidance of exact science, so that all life vibrations move in harmony, not in clanging discord causing ill-health, crime, etc., then will poverty and misery be largely eliminated.

Inefficiency will not be tolerated in these departments. Such important questions will be met by reliable scientific answers which will guide human beings into the ways they should follow. Then will the brotherhood of man become a

reality, and obedience to natural law be the rule and not the exception. We believe that all planetary influences are beneficent, that all law is for the upbuilding of life. Where crime, error, catastrophe occur, the wrong note has been struck, either in ignorance or in willful disobedience, and the effect is far-reaching in its lesson of obedience and its call to proper living.

---

"I think STELLAR RAY even better than SUGGESTION, and that is saying a good deal."—J. F. C. Grumbine, Ed. *Occult Science*.

---

## Forecast for 1907.

By MARTHA J. KELLER, 27 Arcade, Cincinnati, Ohio.

Light, more light, will illuminate the track of 1907. The chart in the skies above will guide us, as Uranus, Neptune, Jupiter, Mars, Venus and the Moon, are heliocentrically polarized to the brain, showing unusual activity, that great psychic, cosmic, and vital changes, will be inaugurated during the year.

A more general interest taken in Psychic research than ever before. A year of unexpected and surprising events. Prosperity will continue for most of the year, especially for the workers and doers. Even the so-called dreamer will bring out some practical inventions. The parallel conjunction of Neptune and Jupiter will cause much money to be invested in large projects, and some will be pushed to a successful working condition, by which many small investors will receive a reasonable share. Trusts will flourish yet a few years, but will eventually be pruned down of their graft, and be changed into co-operative companies. It will take a long time to find honest men to fill all the important offices.

The Panama Canal will make very satisfactory progress, as they are now in good shape to protect their workmen from most climatic ills. They will encounter many obstacles in the hills and mountains, the rocks will bear rich minerals of various kinds,



and form a new center of interest to miners. It will take fourteen years to complete it.

The President will unravel a few knots and tangles, when he is where he can see for himself. Many new laws will be passed in the early part of 1907, and others that are already on record will have a tremendous effect on the future welfare of the country.

This will be a snowy winter, and will last till late in the spring, in northern countries. There will be some dreadful storms during 1907, tidal waves, cyclones, hurricanes, winds, lightning, and water, something awful in destruction; there may be some seismic disturbances also. Looks like a tidal wave on the Atlantic coast as far north as Newfoundland; severe storms. This seems to occur between February 10th and April 1st. There will also be severe storms on the lakes, the greatest storms nearly always near large bodies of water. Rivers overflow. Water sweeps all before it this year. June, September and October are also likely to give severe storms. Volcanic eruptions in those considered long extinct. These will be in North and South America, Eastern Asia, India, and perhaps some islands in the Indian Ocean.

I don't see any serious trouble for the United States during the year; they will be able to keep peace with all they possess or oversee. Cuba will take another trial at self-government. There will be more Cabinet changes before the year is out, and several deaths among Senators or other high officials.

Towards the close of 1907, new projects and new leaders will appear that will claim a great share of public attention, so great that people will cease to quarrel about the Panama Canal, tariff, etc. War—there may be a few skirmishes, but soon over. China is waking from her sleep of centuries, and will soon demand more justice for her common people. It still seems a long way to popular government there, but it will come by and by. Traditions and superstitions die slowly. India will be visited by some sort of pestilence, scourge or storms.

The map of Russia still shows some black spots; where desolation reigns. Russia will gradually awake from the night-

mare of tyranny and pass more humane laws. By the year 1908, she will begin to settle into some semblance of peace, and revive industries at home and once more take her place among the leading nations of the earth. England seems to have some trouble on hand; a black cloud hangs over her; it concerns her colonies, especially those in Africa; some of them are likely to assert their independence before long.

A death among the rulers of small countries in Europe, a middle-aged or old man. The King of Italy will be in great danger; as the anarchists are still very active, and will be for several years yet. Stringent international laws should be passed to break up their too-easy chances of moving from one country to another. They are likely to be very active during 1907, July and June, some violent outbreaks.

A large depot, a great crowd, a great crash, is probably a collapse or cave-in, many killed and wounded.

We are progressing, but the warfare is not ended. Humanity is like a tangled web, so many devious ways and misunderstandings. Everybody trying to reform each other, and not themselves. As people misunderstand, so do nations, which makes trouble on a large scale, as well as small; but eventually order will come out of chaos. Guide-posts are plain, but the blind leaders of the blind see them not; though they still cry reform, they go stumbling on.

---

I wish to thank you for the first issue of THE STELLAR RAY, and to say, while I have for many years read SUGGESTION, and it filled its place as a magazine for me, I no less welcome its successor, and, judging by the first issue, I feel that we are not losing, but are gaining. I have been interested some time in the study of stellar influence upon life, and it is with joy I read your magazine.—Miss A. H., 717 Travis St., Sta. A., Houston, Tex.

---

We are immortal now and here. Chances and changes, night and day, are landmarks in the eternal way; our fear is all we have to fear.—Alice Cary.

## HEALTH AND HYGIENE

### Breathing Exercise for Women.

**B**REATH is life: Breathing is the most important function of the body. A proper supply of air and a properly controlled breath mean health, vitality, magnetism and beauty. Breath control is the greatest means of spiritual development, according to the Hindu, and people of the West are awakening to the fact that physical and mental health depends largely on correct habits of breathing.

If every woman in this country knew how to use her lungs fully, nerve sanitariums would have to shut up and the rest cures would be things of the past. In their normal state men and women needed no instructions in breathing. They continued to use their respiratory organs naturally and correctly, just as children and animals do; but with the strain of modern life and tight and heavy clothing only about one person in a thousand really enjoys the full use of his lungs. Unnatural positions of the body, constant sitting and stooping, bad ventilation, lack of exercise and consequent physical and mental fatigue have induced methods of breathing which barely keep the person alive.

Incorrect breathing is the cause of most of the diseases of the day, including the greatest peril—consumption. Though breathing exercises are being taught in every school, in every physical culture class, little good is done by them unless the habit of correct breathing is acquired.

As a little woman to whom I had sent a set of rules for deep breathing wrote to me: "I breathe regularly; when I stop, the trouble is still there." Of course, what she should do is not to stop her deep breathing, but to do it habitually. I presume she goes on breathing somehow, since she is still alive. As long as deep breathing is merely a fad of the moment, or practiced incidentally and regarded as a sort of nuisance, it is not doing more than momentary good.

"But," said a hollow-chested young woman to me some years ago, "why should I learn how to breathe? I have always breathed naturally, like everybody else, and I'm sure there can be no other way. It's silly."

The girl was breathing in short, puffy breaths, using just the top of her lungs. Her voice was weak and her anæmic face and undeveloped figure spoke of a lack of vitality and strength which she only could have gained by a knowledge of the correct use of lungs and life-giving oxygen. Being the kind of girl, however, who simply will not take a suggestion, she laughed the idea of breathing to scorn. I have recently heard that she has been ordered to Colorado by her physician.

If you want to find out whether you are using your breath capacity to its full extent, wait until you go to bed at night. When you are lying down, quite relaxed and breathing regularly, place your hands on the body and feel what portions of it move with each inhalation. You will probably feel all the ribs, including the lower ones, expand, pushed out by the expansion of the diaphragm—that big muscle which separates the chest box from the abdomen. The chest will be raised a little by the inflation of the lungs. As you exhale, the diaphragm will relax, the ribs sink in, the chest fall slightly. This is normal breathing. This muscular action takes place every time the child breathes, and should occur with every inhalation of the grown person, but for various reasons it does not.

With a woman the first excuse for insufficient breath is her fashionable clothing, which is usually too tight to allow for any expansion at all. Many women believe that a stylish figure depends on a good corset. It does, to a certain extent, but even more than that does the illusive quality of that name depend upon the carriage of the body. A good corset need not be a tight one, and corsets cut on fashionable lines can be made with plenty of breathing space.

A snugly drawn waist line does less harm to the woman than a bodice which fits her too tightly across the chest and does not permit of any action of the ribs. This is the fashionable figure which destroys both physique and mentality and against

which doctors and scientists have waged war for years, because it is impossible for a woman tightly laced and so compressed in a bodice to draw one real breath of air. But she can have a magnificent and modish figure and yet not be laced or even wear corsets. Mme. Alla Nasimoff, the Russian actress, has such a figure. She is chic, stylish, elegant; yet she never has worn a corset. Her frocks are slightly boned, to keep them from wrinkling about the body, but her waist is small and the lines of her figure are superb, because she is perfectly developed and holds herself splendidly.

A woman's carriage is queenly or slovenly according to the way she holds her chest. Her waist is small or large as she keeps up the chest box or sinks down into the waist, relaxing the muscles, which grow flaccid. If she breathes correctly her chest will be well developed and high. The lazy, indolent woman breathes as superficially as she can, and looks it. She takes in as little of the life-giving energy or force as she can with comfort, and consequently she has hardly strength enough to crawl around or dress herself properly. She is the woman termed "sloppy," who hasn't enough energy to keep herself clean, tie her shoestrings or to do her hair up properly. She needs more life, more breath.

The indolent woman, like the sick woman, needs to practice deep breathing to rouse her sluggish circulation and awaken her dormant mental and physical faculties. The nervous woman will find in the rhythmic breathing an exercise which will soothe her nerves and eventually induce sleep. Deep breathing is necessary for the girl whose complexion is mottled. A bad complexion is an indication of bad blood, which is purified by inducing a fresh supply of oxygen into the system after cutting off part of the food supply and cleansing the system with water.

There are a great many different ways of inhaling the life-giving oxygen, and after deep breathing has been mastered and becomes a habit, the subject can try some of the other breaths, taken from various oriental sources. Those suggested by Yogi Ramacharaka in his science of breath are strongly to be recommended and excellent results have been obtained by practicing



them. Anything that will impress woman with the vital necessity of making real use of the life force which is all about us and which we inhale with every breath is to be acclaimed with joy. It means not only health to this generation, but freedom from disease for the next.

On getting up in the morning, while still clad in your night dress, stand firmly with the back against the wall, touching the wall with the back of the head. Inhale through the nostrils with a sensation that the air is going to the bottom of the lungs first, and slowly filling up the space until you can take in no more. The chest lifts up of itself and you should retain this position with the air in the lungs while mentally slowly counting three. Now expel the breath through the nose, keeping the chest high and pressing the breath out of the bottom of the lungs first. The chest sinks down last. Repeat this breathing exercise ten times. Do not try to hold the breath too long or count too slowly. If you feel a choking sensation while retaining the breath begin to exhale at once, but always exhale slowly.

Another breathing exercise for the morning is done while standing upright as before. Place one hand at the side on the lower-ribs, the other hand in the soft part of the back. Draw in a deep breath, forcing the air down, so that you feel the hands come out, and feel as if you were breathing through your back. This is to exercise the lower part of the lungs. After inhaling hold the breath while counting three and expel slowly. Repeat this exercise seven times. These exercises should always be done in a well-ventilated room, if possible, with the windows open. They can be done during the day and should be again repeated at night just before going to bed, unless the subject be very nervous, when the rhythmic breath will induce sleep.

To practice rhythmic breathing, when ready for bed, after having opened the window, get in bed and rest comfortably on the back, with limbs extended. The pillow should not be high. It is best to have no pillow at all. Relax the body as much as possible by inhaling slowly and exhaling quickly, with a feeling of letting go the muscles and the tension in the body. Now inhale very slowly through the nostrils while counting seven.

Retain the breath with the same number until it becomes no longer necessary for you to count the intervals, for they will get to be of equal length naturally, and soothing sleep will be induced.

The awakening breath exercise will stimulate the nervous system and create force and energy for the person who practices it. Stand erect, filling the lungs according to the first exercise for deep breathing. Hold the arms out straight in front of you with just enough energy in them to keep the position—they should be as limp as possible. Now draw the hands back toward the shoulders, putting as much force as possible in them, so that when they reach the shoulders the fists will be tightly clenched and a tremulous motion is felt. Then, still retaining the breath, push the fists out slowly and draw them back rapidly without losing the tension in the muscles. Repeat this several times, then exhale quickly through the mouth.—*Chicago Daily News*.

---

I was much pleased with THE STELLAR RAY, and have been writing and working along these lines for some years.—*Mrs. S. A. J., 35 Hendrie Ave., Detroit, Mich.*

---

## The Drugless Healer.

By O. V. LA BOYTEAUX, Psychologist, Reading, Michigan.

Did you ever stop to think that by its criticism of mental science, Christian Science, suggestion, and all other forms of drugless healing (which are in truth all one) the world really flatters their devotees? Why, when the patient of an Aesculapius enters the state of dissolution no attention is given the matter further than as a passing event—they really expected the patient to die under the treatment. But on the other hand, let a patient die without the assistance of drugs and the world looks upon it in horror—incensed to think that the sick should not recover. The secular press heralds the failure from ocean to ocean; the mental physicians and perhaps a few members of the bereaved family are pounced upon by officers of the law and made to pay the penalty for their failure.

The mental physician has the satisfaction of living with a clear conscience for he knows that when one of his patients dies the death is but the natural result of an offended law, and the patient alone was the offender. But how about the other fellow? Death is just as natural a result in one case as the other, but is the patient always the sole offender.

One of our best senators contracted a simple cold. Most any grandmother would have put him on his feet in a week or so with her harmless home treatment, but the physicians' bulletin boards seemed to be proud of carrying on their face a statement of the amount of mercury (a deadly poison) that had been administered the patient day by day. The result? Well, the world patted the physician on the back and said "God's will be done." Yes, perhaps! but I am thankful I have a broader conception of God than to make him a catspaw for errant man.

---

I am very much pleased with THE STELLAR RAY.—M. W.,  
P. O. Box 395, Mobile, Ala.

---

## Biochemic Treatment of Disease.

BY SAMUEL BLODGETT, Hopkins, Minn.

**A** MONG the newly presented innovations is the school of Biochemistry, a school founded on the thought and assumption that disease and weakness is always occasioned by the lack of balance in the chemical constituents the body contains, and that health can be restored by an artificial supply of the deficient ingredients. If this were true the question of health would be a very simple one. Learn the relative amount of the different elementary substances contained in a healthy body and supply the food containing them. A rightly ordered diet would give perfect health forever.

All living on this diet would have perfect health, and all living on an inferior diet would be equally affected unfavorably. As a matter of fact two living on the same kind of food, one will be healthy and vigorous, and the other will be a feeble invalid.

Health means not only the proper food in proper quantities, but the vital vigor to assimilate and organize the elements this food contains. You can say one will always have the necessary vigor for this if he has always been supplied with the proper food material, but the facts I have noticed disprove this assumption. The problem is deeper than chemical supply.

Vital action is very different from chemical action. Chemical action cannot organize living cells into living tissue. It cannot separate from a common material the different needs of the different organs and build them in where they belong. The vital intelligence manages this matter. We cannot chemically prepare the cell-salts for the supply of any one. All we can do is to supply the proper food, and the living force of each person, by the digestive and assimilative process, prepares the necessary cell-salts and disposes of them according to his individual needs.

The suggestive healer stimulates the imagination of the patient and assists him in making active and concentrating his vital force to the point of especial need, and in this way is invaluable.

When the biochemical healer makes the patient believe his artificial cell-salts will cure he may recover by the aid of this suggestion, and believe afterwards as well as then, that it was by the aid of the chemical supply. The healer may also be under the same delusion.

If this be true, how essential it is that thought should always be controlled. With beautiful ideals of health, purity and happiness, the growing intellect of the child should be taught to formulate healthy thought, and this will be whispered to the subconscious mind and the result will be a well-formed healthy body. Environment is everything, for it generates the thought that makes for health or disease.

---

The prophets we need are those who encourage all efforts and talk little about what cannot be done. The one who reaches for something with persistence may get something better than he thought, as Columbus discovered America though he set out for the East Indies.—*A. C. Dolbear.*

## Nature Cure for Old Age.

By DR. AXEL EMIL GIBSON, Los Angeles, Cal..

**S**TRUGGLE against old age does not mean struggle against death. We do not propose to combat death, only *too early* death, and there is no reason why man may not pass the great divide without being escorted by the infirmity, decrepancy and helplessness of old age. Death should appeal to us as a harbinger of a sweet rest after a long day's labor, laying his hand

"Upon our heart gently, not smiting it,  
But as a harper lays his open palm  
Upon his harp to deaden its vibrations."

To successfully combat old age we must ally ourselves closely with Nature. She has it in her power to confer on us incredible moral and physical strength. We commune with her and receive her blessings whenever we sincerely admire the world of beauty and loveliness, in which we are constantly pacing up and down. There is nothing more refreshing and rejuvenating than to open up one's mind to the touch and caress of Mother Nature; to throw one's entire self with the ecstasy of trust and confidence in her loving embrace. She will accomplish wonders with us if we unhesitatingly and confidently surrender ourselves to her healing and life-giving powers. It is Nature who brought us up to whatever strength and beauty we possess, and it must be through her we shall regain the lost powers of youth—if lost; or retain them in uninjured condition, if still in our possession.

Nature has all the elements of perennial youth in her bosom. Cosmetics and tonics are poor restoratives of faded health and beauty. The world's famous beauties, the Mmes. Epignon, l'Éncore and Adelina Pattis of all ages, never quaffed the vital elixir of their unfading loveliness and health from the apothecary's bottle. The secret of their beauty is not contained in the enigmatical characters of a learned prescription, but in the blazing formula of sun and sky, of hill and meadow, of air and water. They nestle close to Nature's heart, become her obedient children, and listen attentively to her advice. They indulge in out-door

movement and healthy sport, and consult their physical condition and real needs rather than the inane statements of an elaborate bill of fare for the selection of their food. They study their natures, ascertain their necessities, and obey scrupulously their own better judgement. They seem, one and all, to subordinate their appetites to the mandates of their judgment, and not their judgment to the mandates of their appetite.

I see no basis in the physical constitution of man for the supposition that because we have passed the savage in point of mental and moral strength, we should need to fall below him in point of physical strength. Nature is never weakened by culture; on the contrary, whenever the two work in partnership, life flows at its highest tides, as can be witnessed in the mighty creations of our Burbanks, Bartletts, De Vriez, and other architects and builders in the vegetable kingdom. Why could not man introduce the same partnership of Nature and culture in the daily construction of his body, and let the charioteer of his mind drive just so fast, and not faster, than the power and endurance of his evolutionary "team" permits?

The elite of our present generation seem to have caught, or rather are on the verge of catching, the secret of a long, healthy and beautiful existence. The cause of this great, vital departure from the routine of the past is, perhaps, to be found in the dawning realization that we belong to and form a part of Nature; that we are as much children of old Pan as is the savage, and that genius and high mental attainment do not free us from the necessity of complying with the iron rules governing the processes of growth and health. We begin to find out that singular intelligence and common sense go very well together, and that simplicity is the redeeming and perserving factor of life. Not back to Nature, with its savagery and rude, uncultured strength, however, but up to Nature by giving expression to ever higher aims and sympathies along the line of mental, moral and physical evolution. And to live this higher Nature means to understand and realize the meaning of life, which again is possible only through its practical application to the issues of our everyday life. Growth toward health and strength means a striving onwards gauged by

duty and observation, not backwards under the unreasoning leadership of vain regrets, morbid longings and aimless griefs.

It is not only the kingdom of heaven which is to be "taken by violence"—the kingdom of Nature must be conquered by similar methods. We must be attentive and vigilant in our walks of life; neglect nothing, underrate nothing. "Generous in design, immovable in execution, and moderate in success." Enjoy unstintingly, though with moderation, the legitimate pleasures of life. Admire the beautiful, the true and good; love the virtuous and affectionate in all its vestures, help the needy and suffering, comfort the sad, encourage the downhearted, and gently caution the overbearing. Always surround the mind with images of high, moral purity—avoid falsehood, doubleness and vanity. Move forward broad-gauged, open-browed, square-minded and generous-hearted through the world, ever facing heaven, yet never losing sight of earth.

If to these old, yet ever new, rules we add a knowledge of up-to-date hygiene and its unreserved application, a knowledge of the nutritive value of foodstuffs, a study of the reform dress movement, and an untiring interest in everything that tends to health, strength and beauty—in a word, a study of ourselves in our relation to Nature rather than in our relation to drugs and fashion—we shall certainly continue to raise the mark of longevity and fill the earth with happiness, sweetness and universal joy.—*Medical Brief.*

---

I wish to express my highest appreciation of the change in SUGGESTION to THE STELLAR RAY, not in name only, but in editors. I noticed the change in vibration instantly. Pardon the liberty I am taking, it is due to vibration. If it were not for being on the same rate of vibration, I could not speak at all.—C. R. L., 4109 Vincennes Ave., Chicago.

---

To indulge in repinings over our own deficiencies, compared with others, while it indicates the baleful presence of envy, prevents our making the best use of such endowments as we have.—*Lydia Maria Child.*



## CONTRIBUTIONS AND SELECTIONS

### A Knock at the Door.

Alexandre Dumas was a little more than four years old when he lost his father, yet he relates a strange incident connected with the event to which he attached so much importance as to have it accompanied by a plan of the house in which it occurred. This was the abode of a locksmith, whither young Dumas had been removed the day before his father's demise.

"I remained," he says, "till a late hour in the smithy. The forge gave out at night effects of light and shade—fantastic reflections which greatly pleased me. About 8 o'clock my cousin Marianne came to fetch me and put me to bed in a little impromptu couch near a larger one, and I went to sleep with that good sleep that heaven vouchsafes to children like the dews of spring.

"At midnight I woke up—or, rather, we were roused, my cousin and I—by a loud knock at the door. A night lamp was burning in the room, and by the light of that lamp I saw my cousin rise up in bed, much alarmed, but not saying a word.

"No one could knock at the door without getting through an outer one.

"But I, who even at the present day shudder in writing these lines—I felt no fear. I got out of bed and went toward the door.

" 'Where are you going, Alexandre?' my cousin cried out. 'Where are you going?'

" 'You see where I am going,' I answered quietly. 'I am going to open the door for papa, who has come to bid us goodby.'

"The poor girl jumped out of bed terrified, caught me just as I was opening the door and brought me back by force to my

bed. I struggled in her arms shouting with all my strength: 'Goodby papa! Goodby papa!'

"Something like a dying breath passed over my face and calmed me.

"Nevertheless I went to sleep again with tears in my eyes, sobbing vehemently.

"The next morning we were awake at break of day.

"My father had died at the very moment I heard that loud knock at the door!

"Then I heard these words, without being able to understand thoroughly what they meant: 'My poor child, your papa, who loved you so dearly, is dead!'"

---

## Influence of Love.

By W. C. OWEN, Denver, Colo.

How different would read the history of life if we exercised love and patience toward all who err!

Love is one of the fundamental principles of creation. The direct cause of Divine wisdom, the one "grand symphony of divine harmony to which all the music of the universe is attuned." It's a sweet white flower that buds and blossoms in the hearts of men, scattering its seed to uttermost parts of earth, carrying messages of good cheer to the unfortunate of the world. It presents itself from the heart of the child in a state of sublime purity.

Love springs forth from unfettered affection. Friendship is the manifestation of love's abstract quality. Fraternity is a budding rose of love that promises much for mankind when it opens into full bloom. Love is the grandest gift of a benevolent deity. "It seeks for naught but a chance to express itself." It is a spiritual essence that flows through the universe healing the wounds caused by selfishness, also is that thing which creates in the hearts of men a desire to be a benefit to their fellows, their country and their sovereign. Love is life and immortality. The divinity of love when found fills an empty aching void in the

heart of the lonesome and isolated life. It provides an incentive for attaining to greater usefulness. It opens the soul to rays of spiritual influence greater in the scope of happiness than is realized in selfish desires. In concluding let me say: If I wish light on the subject of happiness, let me live a life of generosity, inspired by love and from the depths of my soul will come an "understandng surpassing the glory of Solomon's wisdom."

---

## Strange Experiences.

By J. H. LINGO, Daleville, Ala.

I would like for some readers of THE STELLAR RAY or some students of Psychic phenomena to explain to me what certain experiences (to me) mean. For several years I seem to be in another existence at times. At such times I can see various scenes, such as beautiful cities, landscapes, etc.; I can also hear voices, conversations as if carried on between individuals, but this talk is not audible enough to understand but a few words. I can feel touches after retiring, mostly at night, and I realize that an intelligent Something is with me, because the contact or touches of this invisible presence feels like human flesh, I mean it has the contour, shape, etc., of a human being.

At times my vocal chords are made to articulate words by something foreign to myself.

I am bewildered; please explain if you can give me a solution of my etxtraordinary experience.

(Will some of the readers of THE STELLAR RAY reply to these inquiries?—Ed.)

---

## The Power to Please.

**T**HE power to please is a tremendous asset. What can be more valuable than a personality which always attracts, never repels? It is not only valuable in business, but also in every field of life. It makes statesmen and politicians, it brings clients to the lawyer, and patients to the physician. It is worth everything to the clergyman. No matter what career

you enter, you cannot overestimate the importance of cultivating that charm of manner, those personal qualities, which attract people to you. They will take the place of capital or influence. They are often a substitute for a large amount of hard work.

Some men attract business, customers, clients, patients, as naturally as magnets attract particles of steel. Everything seems to point their way, for the same reason that the steel particles point toward the magnet—because they are attracted.

Such men are business magnets. Business moves toward them, even when they do not apparently make half so much effort to get it as the less successful. Their friends call them "lucky dogs." But if we analyze these men closely, we find that they have attractive qualities. There is usually some charm of personality about them that wins all hearts.—*Success*.

---

I wish to continue taking THE STELLAR RAY. I find a current of helpful thoughts in it to be found nowhere else in any other periodical.—C. C. C., Atty., Powell Bldg., Fort Worth, Tex.

---

## Soul Life.

By MRS. IDA LYON, Houston, Minn.

THE existence of a soul is determined only by the physical manifestation of its powers.

Unquestionably, all animals possess sensibility and will. It is intellect that the lower animals are said to lack. Yet it is often stated that animals are "intelligent," though instinct is supposed to govern their actions.

Instinct is inborn—never acquired. Anything that an animal learns to do is not done by instinct.

My dog rattles the doorknob from the outside, and the key from the inside, when he wants the door opened. My cat learned to do the same from watching the dog. When the dog barks the cat goes to the window and looks out, for the

same reason that I do, though he is incapable of determining whether his reasoning is deductive or inductive.

The scope of an animal's intellect is limited. So is that of man's. We are all fools in one way or another, and he is the greatest fool among us who least perceives the magnitude of his ignorance.

I have seen men bully and beat their dogs to show their superiority over them.

There are those who would say that the woman who leaves her babe to die in an alley has an immortal soul, while the homeless dog who is found watching over it (as in a recent case) can lay no claim to immortality.

And there are those who, should they, perchance, meet some honest dog at the bar of judgment, well might blush to look him in the face.

---

## Are There Other Universes?

By A. RUSSEL BOND.

ON any moonless evening during the autumn and Winter months a peculiar band of cloudy light is visible, stretching from horizon to horizon. This band which is called the galaxy, or the milky way, forms a complete ring girdling the heavens, and is found to consist of myriads of stars of all magnitudes. The farther from the milky way we direct our view, the fewer the stars become, so that midway of the galaxy or at the "galactic poles," as they are called, there are comparatively few stars. Here there appear to be really faint stars, for the largest telescope can discover no more stars than are visible in a telescope of moderate size, and the sky about these stars is jet black, showing that here at least we have apparently penetrated the utmost confines of our universe and can gaze into the limitless black void beyond.

The milky way itself is quite baffling to astronomers. There are some cloudy spots in the belt that cannot be resolved into the individual stars of which they are undoubtedly composed, but even with the largest telescopes still present the same hazy,

cloudlike appearance. On the other hand, there are rifts and inky black spots, or "coal sacks," as they are called, in the milky way in which no stars have ever been found. This would seem to indicate that there is a limit to the stars even in that direction. It used to be thought that the universe has the form of a grindstone, with its edge in the milky way, and extending for an infinitely great distance, and that the reason the stars appear closer to each other in the milky way is because we are looking through a greater thickness of stars in this direction. If such is the case, the "coal sacks" can only be accounted for as long tunnels directed toward the earth and penetrating to the very edge of the grindstone—a very improbable condition.

However, the reason for the grouping of the stars in the belt is not clear. If the stars really form a ring it is probable that the ring revolves, for only by such motion would it be possible for the ring to maintain its shape. It has been discovered by relative comparisons each year that the stars, including our own sun, are really in motion.

Whither are we traveling? We must be near the centre of the universe, for the milky way appears to be practically uniform throughout, and we lie almost in the plane of the galaxy. There is one star, not very distant which appears to have no motion whatever, except for an apparent movement due to the travel of our own sun, and it was one time thought that this star was the "Central Sun" about which the entire universe revolved. But the theory is now discredited.

But whatever the theory of our universe it seems well established that it is not infinite, but comprises well defined limits. And what can we say of the infinite space beyond? Is it absolutely void of material substance, or are there other universes in it besides our own? We know that our entire universe is but a point in the infinite. Is it not presumption then to declare that ours is the only universe?—*Chicago Examiner*.

---

Star-fed, the heaven of eternal thought is spread. Therein, withal, my hungered soul may fare, and draw the life-elixir of that higher law, and blossom there.—*Julia P. Dabney*.

## Clairvoyance.

In the June issue of *Mc Clure's Magazine*, in an article by Hon. Carl Schurz, "Reminiscences of a Long Life," appears the following experience:—

Here I must mention an occurrence which at the time caused me astonishment. Strödtmann had made me acquainted with a marine painter by the name of Melbye, a Dane. He was much older than we, an artist of considerable skill, who talked about his art as well as various other things in an agreeable manner. He was greatly interested in clairvoyance and told us he knew a clairvoyant whose performances were most extraordinary. He requested us several times to accompany him to the "seance" and to convince ourselves of her wonderful abilities. At last an evening was fixed for this entertainment, but it so happened that at about the same time I received an invitation from Kinkel, which I resolved to follow without delay. When I packed my valise, Strodtmann was with me in my room and he expressed his regret that I could not attend the seance that evening. He went away for a little while to return to my room later in the day to accompany me to the railroad station.

In the meantime the thought struck me that I might furnish a means for testing the power of the clairvoyant. I cut off some of my hair, wrapped it in a piece of paper, and put this into a letter-envelope which I closed with sealing-wax. Then I tore a little strip from a letter I had received that morning from the Hungarian general, Klapka, the celebrated defender of the fortress Komorn, and put this strip containing the date of the letter, also in a folded paper and enclosed it likewise in an envelope sealed with wax.

When Strodtmann had returned to me, I gave him their contents and instructed him to place them in the hands of the clairvoyant with the request that she give a description of the looks, the character, the past career, and the temporary sojourn of the person from whom the objects concealed in the envelopes were coming. Then I left for London.



A few days later I received a letter from Strodtmann in which he narrated the results of the seance as follows: The clairvoyant took one of my envelopes into her hand, and said it contained the hair of a young man who looked thus and so. She then described my appearance in the most accurate way, and added that this young man had won notoriety by his connection with a bold enterprise, and that at the present time he was on the other side of a deep water in a large city and in the circle of a happy family. Then she gave a description of my character, my inclinations, and my mental faculties, which as I saw them in black and white, surprised me greatly. Not only did I recognize myself in the main features of this description, but I found in it also certain statements which seemed to give me new disclosures about myself. It happens sometimes when we look into our own souls that in our impulses, in our feelings, in our ways of thinking, we find something contradictory, something enigmatical which the most conscientious self-examination does not always suffice to make clear. And now there flashed from the utterances of this clairvoyant gleams of light which solved for me many of those contradictions and riddles. I received, so to speak, a revelation about my inner self, a psychological analysis which I had to recognize as just as soon as I perceived it.

What the clairvoyant said about the other envelope which contained Klapka's writing was hardly less astonishing. She described the writer of the letters and figures contained in that envelope as a handsome, dark bearded man with sparkling eyes, who once had governed a city full of armed men and besieged by enemies. The description of his person, of his past, and also of his character as far as I knew it, was throughout correct; but when the clairvoyant added that this man was at the time not in Paris, but in another city where he had gone to meet a person very dear to him, I thought we caught her in a mistake. A few days later I returned to Paris, and hardly had arrived there when I met General Klapka on the street. I asked him at once whether since he had written his last letter to me he had been constantly in Paris, and I was not a little amazed when he told me that he had a few days ago made an excursion to Brussels

where he stopped not quite a week, and the "dear person" whom he was to have seen there, I learned from an intimate friend of Klapka, was a lady whom, it was said, he would marry. The clairvoyant was therefore right in every point.

---

I belong to the great church that holds the world within its starlit aisles; that claims the great and good of every race and clime; that finds with joy the grain of gold in every creed, and floods with light and love the germs of good in every soul.

—INGERSOLL.

## Improving the Human Race.

THE improvement of the human race is the object of the extraordinary beauty colony established by M. Rachatnikoff, a very wealthy Russian land owner near Moscow. During the last twenty years M. Rachatnikoff has kept his eye open for handsome young peasants of both sexes. Whenever he discovers a pair that he thinks are physically perfect enough to suit him he brings them together and offers them a farm and a house all stocked and ready for them on condition that they shall marry one another and live under his eye.

The Rachatnikoff estate now contains one hundred and fifty babies and children whose health and beauty are famed throughout Russia as results of this human breeding experiment.

Last year the first wedding among the specially bred offspring occurred when Miss Vera Strellitz, the prettiest of all the children married the gigantic and handsome, Maxim Sakarhoff, the prize specimen of the youths.

At the present moment M. Rachatnikoff is eagerly awaiting the arrival of the handsomest baby ever born, a representative of the third generation of his colony.

Rachatnikoff is a firm follower of Darwin, and in deference to the law of natural selection he determined first of all to make

his new race beautiful so that they would naturally love each other and not some interloping outsider.

In all his work Rachatnikoff has been planning out the proportions of his perfect future Russian. He has not the slightest doubt that in a few generations an approximation to his ideal can be reached in the way of measurements and looks. Of course he will be dead and gone, but his estate and instructions will cause the work to go on.

When the colony boasts of several hundred of both sexes who are close to his theoretically perfect human being, the new race will be bred with an eye to longevity. When the average of one hundred years is reached this will stop and the breeding from that time will be wholly for intellectual qualities.

(If M. Rachatnikoff understood the science of planetary influence and applied its laws in the mating of the young men and women of his colony, he would find the marriages not only more harmonious but the offspring of much higher type physically and mentally. His experiments then would be on a scientific basis.—*Ed.*)

---

Your magazine, THE STELLAR RAY, just received, and something very unusual with me (for I am a very busy woman), I sat down and read it from cover to cover, and I must say it comes the nearest meeting my ideals of any magazine it has been my pleasure to see, and I see most of them.—*Emily Solomon*, 411 Hall Bldg., Kansas City, Mo.

---

## Brain Building.

By Prof. ELMER GATES, Washington, D. C.

"Everybody may go into the business of building his own brain. The thinking organ undergoes perpetual changes in cell structure and is never finished.

"Even in old age it is never too late.

"Let the esoteric mind-builder systematically devote an hour each day to calling up pleasant ideas and memories. Let him summon those finer feelings of benevolence and unselfishness,

which are called up only now and then. Let him make this a regular exercise, like swinging dumb bells. Let him gradually increase the time devoted to these psychical gymnastics, giving them sixty to ninety minutes per diem.

"At the end of the month he will find the change in himself surprising. The alteration will be apparent by his actions and thoughts.

"It will have registered in the cell structure of the brain. Cells useful for good thinking will have been well developed, while others productive of evil will have shrunk. Morally speaking the man will be a great improvement on his former self."

---

## Psychic Phenomena.

By MRS. ELLA WHEELER WILCOX, in *San Francisco Examiner*.

If every man in office of public trust today knew by demonstrated facts that he would continue on after death, in realms created by his thoughts and acts here on earth, I do not believe one in one thousand would descend to the plane of the grafter, the robber and the sensualist.

Like Dr. Funk, I have spent much time and thought in studying various phases of these phenomena. Unlike Dr. Funk, I no longer question whether or not the truth of spiritualism has been demonstrated.

One experience of my own substantiated its positive truth to me. A woman of good birth, social position and culture, called upon me a few days ago. We possessed mutual friends, but had never before met. I had heard of the remarkable psychic powers of this lady, known only to her intimate associates, and never employed for gain, as she was born in affluence and had married a man of means. I mentioned what I had heard of her and expressed a wish for a test. My caller seemed embarrassed and said:

"I do not like to tamper with this strange force. I have possessed it since a child, and my father nearly lost his mind investigating these things. My husband is violently opposed to the

whole matter, and I rarely permit myself to give any exhibitions of my powers to any one. I confess I do not understand my gifts, and am a little afraid of them."

However, after some persuasion she consented to oblige me.

I was living in a New York hotel at the time. I sent a bell-boy to a lady whose children attended school and obtained two slates. But we had no pencils; and at my suggestion the psychic for the first time tried to obtain messages on note paper between two slates. With the paper I placed a morsel of lead pencil about the size of the end of a darning needle; a pencil so small that it would not have been held under the finger nail without losing itself.

I alone touched the paper; I alone touched the pencil; the paper bore the hotel mark, and I took it from my desk, with my own hands.

The room was brilliantly lighted. After I placed the paper and pencil between the slates, my caller held two ends of the slates in her hands and I held the other two. Almost instantly the closed slates were jerked and pulled as by some violent force; and on the table and on the back of my chair knockings were distinctly audible.

Upon the paper in a fine, spider-like penmanship, but perfectly legible, was a most tender and motherly message bearing the signature of my husband's mother, who died when he was a small child; a young mother who had lived her sweet brief life in an obscure New England village, and whose name and history are not known to one friend in one hundred of our circle of acquaintances.

I replaced other sheets of paper and in all six messages were given me; all from different people, and all under the glare of a fully lighted electric chandelier, and all in my own room and with my own materials.

Several of these messages contained assertions and statements to which time has since given added weight. This experience occurred eight years ago. I know that I was not under any hallucination; I know that I was not in a hypnotic state; I know that the slates were not tampered with, and that I alone touched

the paper and pencil; I know that no financial consideration entered into the experiment; and I know that the messages were written by some power not explainable by physical science.

It seems to me, in the light of such experience, as stupid as it is stubborn to deny the fact of communication with realms beyond. This is but one of the many convincing experiments which have come to me in the course of my investigations. In the meantime, I believe only those who wish to establish the spiritual truths on a scientific basis should tamper with these invisible forces. Just as no one ignorant of the laws of electricity should be allowed to juggle with the wires or the batteries.

I believe it is a sin against ourselves to seek continual advice and information from the disembodied regarding our material affairs. It prevents our own psychic development, the use of our own divine powers. We have no right to lean on any spirit, in the body or out of it, until we have brought our own to the fullness of the light.

If we all listened and were still at times, we too, "would hear the murmur of the gods."

But let science take the bandage from its eyes, and let it go up reverently into the higher realms of psychic investigation and learn the truth, and tell it to the world, even as it has told the marvels of astronomy and electricity. No greater work can occupy it.

---

Don't take it out in wishin'. If you want to be cheerful, jes' set yer mind on it and do it. Can't none of us help what we start out in life with, but we kin help what we end up with.  
\* \* \* But it ain't jes' seein' the good in folks an' sayin' nice things when you're feelin' good. The way to git cheerful is to smile when you feel bad, to think about somebody else's headache when yer own is most bustin', to keep on believin' the sun is a-shinin' when the clouds is thick enough to cut. Nothin' helps you to it like thinkin' more 'bout other folks than about yer-self.—*Lovey Mary.*

---

Thinking is the talking of the soul with itself.—*Plato.*

## Universal Spirit.

By GINEVRA HAINES, 454 Trumbull Ave., Detroit, Mich.

The universal spirit is the self-acting energy that produces thought. Thought is also a substance. Every thought you think causes an electric vibration in your own brain, and those electric vibrations in the brain caused by your own thought, can pass through ether in currents and coming *en rapport* with a brain, attuned to your own by the law of affinity, reproduce the vibration in that brain.

Thought is also propagated from thinking centres of Psycho ether, (which is the sublimation of matter, vastly more attenuated than light ether.)

"Is it profitable to discuss questions relative to the unknown etc., etc.?" Yes—most emphatically so. The great law in human development is to obtain as nearly as possible a harmonious balance of all faculties. It includes the full development of the perceptive—reasoning, esthetic, spiritual and animal departments.

---

## Time Can Work Every Wonder.

Keep your mind open; deny nothing. Man has conceived dimly, or not at all the real wonders of his future existence. *Prove all things; hold fast that which is good.—I. Thess., v. 21.*

**W**HEN Paul wrote these words wild beasts were tearing human beings in the Coliseum, which now stands a ruin and a monument. It is a ruin because its walls are crumbled, because trees grow and vines tear down the stones of the seats where emperors, senators and women, with screams of delight, watched the blood flow.

It is more a monument than a ruin. For it reminds every visitor, and every child at school, of the fact that humanity has progressed beyond voluntary brutality, deliberate torture and horror as the amusement of the greatest city of the most civilized race.

Truly Paul, the great and brave Christian, was an inspired man. He did not say to men that they must believe without understanding, or accept without question things as they are—but he said to them, “prove all things.” And after we have proved for ourselves all things, he tells us to “hold fast that which is good.” The trouble with nine in ten men is their narrow-mindedness, their lack of capacity to accept new truths—or, at least, to consider them fairly.

The ordinary individual prides himself in an egotism, a self-sufficiency that ought to fill him with humiliation.

Different was the spirit of Paul. These words of his are recommended to narrow-minded people who shut out the truth:—*Quench not the spirit. Despise not prophesying.—I. Thess., v. 19-20.*

If these words of Paul could be written in every book and every newspaper, put up before men's eyes all over the world, if they could be read intelligently, they would do a splendid work in hurrying along the development of backward, slow humanity.

Every man who has a plan to help his fellows knows what it is to have his spirit quenched.

Every man who has been able to look into the future to see better conditions, to urge their realization, knows how much humanity is in need of the command: “Despise not prophesyings.”

The first men that talked against slavery had their spirits quenched with a vengeance. They were beaten and jailed. Their prophesyings were thoroughly despised. But slavery is gone.

The first men that talked against superstition, that denounced brutality masquerading in any garb, knew what it was to have the spirit quenched. In their case it was quenched very often with fire.

Every man who has been capable of seeing the world's future development, and who has told about it in advance, has been persecuted for his pains. In the old days he was persecuted vigorously with sticks and stones, imprisonment, the rack or fire.



To-day the attacks upon him take the form of ridicule—often as effective in quenching the spirit as the sterner old-fashioned methods.

This editorial is written to urge upon our readers *to keep their minds open, to question the new idea, but not to reject it offhand.*

When Paul lived and prophesied, and especially commanded men not to limit the powers of the mind, if he had been told then that the great Coliseum would crumble away, and that the brutality which caused its destruction would crumble with it, he would have accepted that statement. For his life work was the tearing down of the brutality represented in that great building devoted to bloodshed.

He would have found it hard, however, to believe in a flying machine, manned by men, sailing above the Coliseum and over the site of Rome.

He would have joined, perhaps, with others in mocking the person who should have predicted such a machine, or a locomotive, or a machine for making cloth that lets one woman do the work of 10,000 women.

We accept the abolition of slavery—of real slavery, where the master owned the servant's body.

But nine out of ten of us sniff with contempt if anybody demands or declares possible the abolition of poverty.

Let us not be content with accepting the truths of the past, let us keep our minds fully open, ready for new ideas, believing in a wonderful future far eclipsing anything that we can conceive.

"Quench not the spirit.

"Despise not prophesyings."

"Prove all things; hold fast that which is good."—Extracts from an editorial in *Chicago American*.

---

The face of a man gives us fuller and more interesting information than his tongue; for his face is the compendium of all he will ever say, as it is the one record of all he has thought and endeavored.—*Schopenhauer*.

## Pessimists of the Past.

The Earl of Chatham said about 150 years ago that the American colonists had no right to manufacture so much as a horse nail.

In 1780 even Benjamin Franklin, usually far-sighted, said America would not make manufactures enough for her own consumption in 1,000 years.

Sir Charles Napier said he would not command a steam-propelled navy, as he didn't want to be boiled alive.

Lord Stanley said, "If steamships cross the Atlantic, I will eat the boiler of the first boat that arrives."

In 1750 law forbade in America the erection of an iron rolling mill.

When Fulton's first steamer went up the Hudson the date was August 17, and the preachers of the time cursed the boat on the ground that the date was the total of the ten horns and the seven heads of the beast of Apocalypse.—The Graphite.

---

## Telepathy and Premonitions.

By THOMAS H. WATSON, Chicago, Ill.

Did you ever have a dream impressed so strongly upon your mind that upon waking it seemed to be a reality and haunted your thoughts during the day? Did you ever have a feeling that something was about to happen and the feeling become so strong that you spoke to some friend about it, only to be laughed at?

The fear of ridicule is so strong in some people that they suffer in silence rather than be laughed at for what some people may class as chimerical ideas.

Should you ever receive a presentment, or a thought that some friend will meet with accident do not put the thought from you as foolish, but stop and consider that some intangible something prompted you for some reason. Just what that something is, science is working hard to solve. Whether it be a message from Him who created us, or whether it be a message from the

mind mortal, we are yet unable to say. Certainly there is some power as to the origin of which we can only hypothecate.

If we turn to telepathy for solution, I venture this supposition. When man was first put on earth the chances are he had no verbal language. The only sounds he made might be likened unto those made by an animal. Being unable to articulate intelligently, how would he make his wants known? Most likely by grunts and signs coupled with a strong mental picture of his wish, gratified. This last, being received by the person with whom he was in communication caused them to acquiesce as well as circumstances would permit.

As ages rolled by, and generation succeeded generation, the survival of the fittest must have been apparent, and the original grunts of our ancestors may have become modulated to express anger, pleasure and pleading; these coupled with the facial expression, and bodily motions which even now accompany them. With the gradual perfection of this sound language; the mental language or thought transference became dormant through disuse, but might be revived by proper stimulation.

Let us not consider telepathy as a supernatural power possessed by few, but rather as a universal, human attribute which we can cultivate by proper mind education.

Consider the Hindoos, a race that civilization has changed but little. Accustomed to solitary meditation, their thoughts and mode of living would be just such as would create a mental condition proper for telepathy. Think of the seemingly miraculous feats they perform and discover if you can, any other source than telepathy. Some may call it hypnotism but the deeper phases of hypnotism are a form of telepathy, short range to be sure, but telepathy just the same.

Then turn to ourselves and consider the dominating feature of the present generation. Selfishness will appear most prominent. We may endow a church or library, but the world must know, and is expected to praise us for it. We may found an asylum or a hospital, but our portrait is the first thing seen on entering. In our killing race for wealth is it any wonder the rich have forgotten how to use the mental powers of our ancestors?

The poor, compelled to labor for the rich have little time for psychic research. What little time they may have is spent in building up their strength, that on the morrow they may be able to keep their place in the army of toil. No wonder that occult phenomena has declined till now it is looked upon as a symptom of mental weakness.

The colleges with their fixed laws of mathematical deductions go into metaphysics and because there is no mathematical law governing mind, or soul, or spirit, or whatever we may call it, it is dropped.

The quiet thinker who endeavors to give a logical reason for these manifestations is relegated to that class called dreamers, and through dread of farther ridicule, keeps his investigations to himself.

The way to solve these problems is by heart to heart talks with the persons who have experienced them. When sufficient material has been collected and proven to be true we can begin our deductions. We can never expect to prove our worth as long as we allow some power within us to remain unused. And while we may be laughed at for patient study of a subject so little known, consider the benefits that may be reaped by those to come, by placing them in touch with the infinite.

A premonition which came as a dream, happened to an engineer employed by a Chicago printing house. In his dream a shaft on one of the machines broke and the idea was so firmly fastened upon him that he went to the man in charge and reported it. When he told it was a dream he was laughed at, but strange as it may seem while he was away for his lunch the shaft broke as foretold in the dream.

Of course I can offer no solution. Whether or not it was spirits I cannot say. He being a decided materialist, one would hardly look to spirit warnings in his case. The machine being inanimate could hardly warn him, and as it was not broken on purpose, I leave the reader to draw his own conclusions.

For research into telepathic phenomena I would suggest to whoever takes it up to live as nearly right as possible. Do right by your fellow man and you will not have those disturbing

thoughts while you are trying to concentrate your mind. Cultivate a fearless, kindly, aggressive disposition, and practice controlling and concentrating your thoughts. All these conditions can be brought about by the continued use of proper auto-suggestions. Don't try to move mountains at first, begin with simple things. Don't wait for something to turn up to start you, but begin now.

---

## What is Nature?

By ALMA STANFORD, Santa Barbara, Cal.

We call the flower a product of nature, which makes nature a producer; but where does she get that with which she produces the flowers of varied form and color, etc.? For it shows a wonderful intelligence as well as substance back of it. Some say that nature is God, but I would call it God's laboratory in which he manifests his power, and provides the substance for nature to work with.

Everything which the physical eye sees we say is natural, but we cannot say it is substance, for substance is invisible; the one cause back of all effect. We cannot see cause; we only see the manifestation of it, hence nature cannot be God; it is God's, though God is not potentially nature.

Law is not God, but that through which he makes himself known and felt. God is the absolute possessor of law, which nothing can break. It is the law that breaks that which acts otherwise than in harmony with it. Nature is law made visible to physical man.

(As Pope says:

"For we are but parts of an infinite whole

Whose body is nature and God the soul."—Ed.)

---

Any encroachment upon the rights of a fellow-man reacts upon ourselves, and although we may seem benefited by the advantage thus gained, still do we wound our better nature and will reap as we have sown.

# A Doctor's Sleep.

Found He Had to Leave Off Coffee.

Many persons do not realize that a bad stomach will cause insomnia.

Coffee drinking, being such an ancient and respectable form of stimulation, few realize that the drug—caffeine—contained in coffee and tea, is one of the principal causes of dyspepsia and nervous troubles.

Without their usual portion of coffee or tea, the caffeine toppers are nervous, irritable and fretful. That's the way with a whiskey drinker. He has got to have a dram "to settle his nerves"—habit.

To leave off coffee is an easy matter if you want to try it, because Postum—well boiled according to directions—gives a gentle but natural support to the nerves and does not contain any drug—nothing but food.

Physicians know this to be true, as one from Georgia writes:

"I have cured myself of a long-standing case of Nervous Dyspepsia by leaving off coffee and using Postum Food Coffee," says the doctor.

"I also enjoy refreshing sleep, to which I've been an utter stranger for 20 years.

"In treating Dyspepsia in its various types, I find little trouble when I can induce patients to quit coffee and adopt Postum." The doctor is right and "there's a reason." Read the little book, "The Road to Wellville," in packages.

---

## HOW'S YOUR MEMORY?

Your memory can be trained and cultivated so that your best friend wouldn't know it. Memory culture is a most fascinating study to those who would make the most of life. You are no greater intellectually than your memory. Memory is the tool by which you carve your way to success. Why not have a first class, bright, sharp tool? What would you give to be able to recall instantly names faces, details of business, studies, interesting anecdotes, etc.? Now, if this makes the least bit of impression on you why not write some thing like this?

"Dear Prof. Dickson, 940 Kimball Hall, Chicago:

"The editor of this paper says you will give me some information about developing my memory. I should be pleased to receive your booklet.

Very truly yours,

(Miss) James James.

"Anywhere P. O., any State."

Prof. Dickson will send out 500 booklets to 500 readers of this paper. Why not get one of these interesting booklets "*How to Remember?*" It is sent free.

Address Prof. Dickson, 940 Kimball Hall, Chicago, Ill.

# White Bread.

Makes Trouble for People with Weak Intestinal Digestion.

A lady in a Wisconsin town employed a physician, who instructed her not to eat white bread for two years. She tells the details of her sickness, and she certainly was a sick woman.

"In the year 1887 I gave out from over-work, and until 1901 I remained an invalid in bed a great part of the time. Had different doctors, but nothing seemed to help. I suffered from cerebro-spinal congestion, female trouble and serious stomach and bowel trouble. My husband called a new doctor, and after having gone without food for ten days the doctor ordered Grape-Nuts for me. I could eat the new food from the very first mouthful. The doctor kept me on Grape-Nuts, and the only medicine was a little glycerine to heal the alimentary canal.

"When I was up again doctor told me to eat Grape-Nuts twice a day and *no white bread* for two years. I got well in good time and have gained in strength so I can do my own work again.

"My brain has been helped so much, and I know that the Grape-Nuts food did this, too. I found I had been made ill because I was not fed right, that is I did not properly digest white bread and some other food I tried to live on.

"I have never been without Grape-Nuts food since, and eat it every day. You may publish this letter if you like so it will help someone else." Name given by Postum Co., Battle Creek, Mich. Get the little book, "The Road to Wellville," in packages.

---

## NEW THOUGHT PASTELS.

This beautiful little book contains twenty-seven poems by Ella Wheeler Wilcox. Any one who has ever read any of Mrs. Wilcox's poems, will know that this booklet is worth many times more than the price asked for it.

The book is printed on fine heavy antique paper and there is a half-tone photo and autograph of Mrs. Wilcox.

Bound in heavy paper, cover daintily printed in two colors, price 50 cents. Another special edition, De Luxe, bound in one-half Ooze calf, lovely colors, price \$2.00. Send all orders to Mrs. Towne, Holyoke, Mass.

Mention THE STELLAR RAY when writing.

---

## BEHOLD THE CHRIST.

This book, by Celestia Root Lange, "Behold the Christ in Everyone," has a unique title. It is a gospel of love. One ought to get this book and read it in order to appreciate it.

Address Celestia Root Lange, 4109 Vincennes avenue, Chicago.

## REMARKABLE PREDICTIONS.

**Almost Beyond Belief—A Binghamton Man Who is Said to Tell the Past and Future with Remarkable Accuracy.**

Probably there are very few persons who have not at some time or other wished for the power to read the future, to know that some business venture would be successful, to tell if friends were faithful, to learn if a journey should be taken, or, perhaps, most often of all, to know if the one we loved would say "yes" or "no."

Even in the old Biblical times this desire to know the future was present, and the ancient astrologers were highly regarded, for they foretold coming events truly. In later days, many of the world's foremost men have planned their actions by following the course laid out for them by the stars. Today even those who deny the truth of Astrology feel way down in their hearts that there is something in it, for nearly everyone has some remarkable episode to tell of a journey, an illness, a business venture or a love affair that was foretold by an Astrologer.

No Astrologer of the present day is more widely known than Professor Edison of Binghamton, N. Y., and in investigation to learn the truth or falsity of the claims put forth for Astrology, one should naturally go to this head center.

If it were necessary to prove the genuineness of his claims, Professor Edison could show an interesting batch of correspondence. In his office would be found file after file of letters from those who had asked Professor Edison's advice and predictions for their future. And in almost every instance these letters say that what he had foretold had come true. In one instance a letter would say that the legacy he had foretold had been received; in another that the business entered into on his advice had been successful; in a third that, as a result of his careful reading of their stars and planets, they had married happily.

Professor Edison says that the best way to prove the truth of Astrology as practiced by him is to give a reading to anyone who will write him. He holds this offer open for ten days. He requests that date and place of birth be stated, also whether married or single, and that a stamp be enclosed for return postage.

In return, Professor Edison will send a prediction absolutely free, which will show in each case what truth there is in Astrology. It is an unusual opportunity to verify the claims of this science without a cent of expense.

Please use this coupon when writing to Professor Edison, which will insure prompt delivery. Send to Professor Edison, 89 Second street, Binghamton, N. Y.

Name .....  
Address .....

I was born on the .....th day of ..... in the year .....

## STOP THAT PAIN

There is only one disease—Congestion  
There is only one cure—Circulation

**THE LAMBERT SNYDER  
HEALTH VIBRATOR**

(9000 to 15000 vibrations the minute)

**NO DRUGS  
NO PLASTERS  
NO ELECTRICITY**



**INDIGESTION:** In cases of indigestion our vibrator forces the food to digest, thereby avoiding fermentation and the forming of gas. You get relief at once.

**RHEUMATISM:** It is caused by uric acid centralizing at one point. Vibration scatters the uric acid, and by increasing the circulation, drives it out through the pores.

**DEAFNESS:** In cases of deafness the vibrator stimulates the outer and inner mechanism of the ear and cures in many cases.

**CIRCULATION:** If your circulation is poor the vibrator will increase it, and cause you to feel warm glow all over your body.

**LOCOMOTOR ATAXIA:** In cases of locomotor ataxia or paralysis, the vibrator is the only relief. It stimulates the nerves, and vibration today for these ailments is recognized as the best treatment by the leading specialists.

**LUNG TROUBLE:** If your lungs are weak and troublesome use the vibrator. Vibration on the lungs forces the blood through the dead cells and does wonderful work in all cases of consumption and lung trouble.

**PAINS OR ACHES:** No matter what pains or aches you have or may have that are caused by congestion, the vibrator will relieve them.

**NERVOUS DEBILITY:** In cases of nervous debility our vibrator does marvelous work.

**Price only \$2.00. prepaid on receipt of \$2.35**

**FREE** Our new 48-page book on vibration, fully illustrated. It tells you what has and is being done by vibration. Our book is a plain, commonsense argument. Send for it today; it costs you nothing.

We are the largest makers and  
dealers of Vibrators in the World

**LAMBERT SNYDER CO.**

Dept. 20A 41 West 24th St., New York, N. Y.

## BROADEN YOUR SHOULDERS

If you have narrow, sloping, or crooked shoulders or if you wish to broaden already athletic ones, we can be of service to you.

We refund your money if our course of physical exercises fails to broaden your shoulders from 2 to 5 inches, and to correct any deformity of the back, within 2 months.

This complete course of 31 exercises and full instruction, 50 cents **SPECIAL OFFER:** For 75 cents we will send this course and also our complete course for developing enormous strength of grip.

The Sampson Co., Box C-69, Norwalk, Ohio.

## SEND ME ONE DOLLAR

also date of birth for which I will send you a copy of a valuable recipe book of 368 pages, containing Three Thousand Recipes, showing you 3,000 ways to make money with little or no capital. This book gives you formulas for making nearly all kinds of Patent Medicines. Thirty pages devoted to Toilet Articles, such as Cosmetics, Perfumes, Creams, etc. The Farm and dairy, nearly one hundred pages of valuable recipes and formulas; how to make all kinds of Candy, Ice Cream, Extracts, Inks, Hair restoratives, Shampooing Liquids, Colognes, Florida Water, Tinctures, Liniments, Ointments, Salves etc. And a written delineation of your Character including mode of growth, Occupation, Marriage, Virtues, Faults, Diseases, Germs, Astral Colors, etc.

The book alone is worth the price.

**W. F. HUBBELL,  
GEORGETOWN, CONN.**

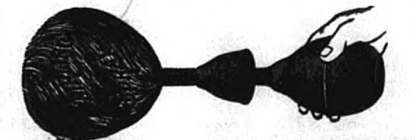


## 80c. WORTH OF GOOD LITERATURE FOR 25c.

"Let There be Light," 10c; "Purity's Greatest Foe," 5c; "Bronze Book," 10c; "Doctors and Their Medicines," 10c; "Right of the Child to be Well Born," 10c; "Herodity," 6c; "Private Letter," 6c; "Dianism," 25c. Total, 80c., for 25c.

**The National Purity Association, 81 Fifth Ave. Chicago, Ill.**

Mention this paper when you order, and a copy of "Purity Journal" will be included.



## EVERY WOMAN

Is interested and should know about the wonderful

### MARVEL Whirling Spray

The New Vaginal Syringe. Infection and Suction. Best - Safest - Most Convenient. It Cleanses Instantly.

Ask your druggist for it. If he cannot supply the MARVEL, accept no other, but send stamp for illustrated book - sealed. It gives full particulars and directions invaluable to ladies.

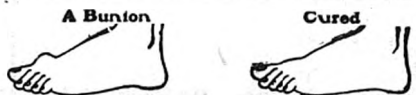
MARVEL CO., Room 1-B, 44 E. 23d St., New, York

## CORRESPONDENCE COURSE IN "VOICE PLACING"



A New Discovery. A Revelation in the Tone-World. Tone-Images, Tone-Color, the Science of Tone. Lessons by Phonograph if desired; teacher in your own home. Valuable book, "Voice Placing," sent upon receipt of \$1.00. Do not fail to send for free Prospectus. Address:

CARL YOUNG, 63 Auditorium Building, Chicago, Ill.



**BE YOUR OWN CHIROPODIST.** We have a handsome 20-page illustrated booklet on "How to Have Easy, Healthy, Shapely Feet," which we will mail to any address for a 2c. stamp. Bunions CAN be cured. The booklet tells you how to do it in your own home without cutting and without the slightest inconvenience. It also tells about the prevention and removal of corns, ingrowing toe nails and the treatment of all kinds of foot troubles.

Foot Remedy Co., 1313 S. Lawndale Ave., CHICAGO

When writing\* to advertisers please mention THE STELLAR RAY.

## Haddock's Power Books

You know "Power of Will" and "Power for Success." During the winter of 1906-'07 I shall have off the press "The Culture of Courage" and "Business Power." These down-on-the-ground books are not mere essays; they tell you *what to do and how to do it* for bigger personality and bigger success. If you want more life and power, and will work, get Haddock's Power Books. Not one complaint during five years. Prices, just \$12.00 for the four if ordered now, the first two to be delivered immediately, the last two on publication. This is the regular price for the first two. Make your business bigger by growing a bigger self. It's the only way. Full descriptions on request.

The Power-Book Library,

Auburndale, Mass.

## SIGHT IS SPIRITUAL

Hearing is spiritual. An educated Psychic will answer three questions for twenty-five cents; full reading one dollar. The fee must not be put in envelope with questions, but wrapped outside envelope containing questions, and all mailed together in a second envelope. All letters sacredly confidential. Send stamp for return postage. Address MRS. H. A. DARROW, BOX 205, LINCOLN, NEB.

Just Out, Price \$1.50, Postpaid

## THE SPIRIT WORLD

A rare book, on the supernatural. Twenty lucid chapters. Entirely new ideas, well sustained.

Rev. J. Hamilton, - - Wilson, N. Y.

BOOKS BY LIDA A. CHURCHILL.

**The Magic Seven** Gives Explicit directions for using mental powers which will change your whole life.

Contents: { How to Make a Centre.  
How to Go into the Silence.  
How to Concentrate the Mind.  
How to Command Opulence.  
How to Use the Will.  
How to Insure Perfect Health.  
How to Ask and Receive.

CLOTH BINDING, \$1.00.

**The Magnet** Gives clear, practical directions for gaining what you wish.

Contents: { How to Avoid Demagnetism.  
How to Create Inward Magnetism.  
How to Establish Outward Magnetism.  
How to Have a Magnetic Personality.  
How to Magnetize Circumstances.  
How to Win and to Hold Love.  
How to Remain a Magnet.

CLOTH BINDING, \$1.00.

**A Grain of Madness** A New Thought Romance.

CLOTH BINDING, \$1.25.

ALL THREE BOOKS, \$3.00.

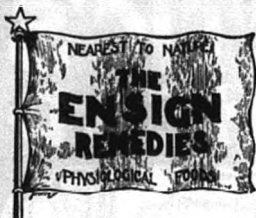
The books of Lida A. Churchill have helped me much. I recommend them to everybody—Ella Wheeler Wilcox.

New Tide Publishing House, Dept. 7, 210 West 4th Street, New York City.

## The Whitcomb School of Dynamic Health

284 HENRY STREET, DETROIT, MICH.

Teaches simple truths of nature, which makes one You will not have good health until you break up superior to ill health. Send 10c for pamphlet or \$1.00 the habit of eating the way you now do. Your for letter of advice. No one gets health without his Market, your Kitchen and your Doctor, are all own exertion. Then he is master. against you. Learn to think and act for yourself.



## FEEDING THE HUMAN BODY

According to Bunge's Text Book of Physiological and Pathological Chemistry (page 42), there are three classes of food stuffs, viz.:

1. Those which serve as sources of energy and can replace the exhausted constituents of the body, like proteids and fats.
2. Those which serve only as sources of energy, as carbohydrates, gelatins and oxygen.
3. Those which serve to repair the waste of tissues, to which class belongs the inorganic salts and water.

On page 87 it is shown that animals which are fed on foods from which the inorganic salts were extracted as nearly as possible (8 per cent.) died much sooner than those which were given no food whatever! Think of it!

Meat from which the inorganic salts were largely extracted (they cannot be entirely extracted) was worse than no food! Without these tissue foods no repair of wasted tissue can take place.

If a farmer has a piece of land which will not produce crops, an analysis will show what substances are lacking. It may need phosphoric acid, as in bone dust; or it may need nitrates, as in manure. Whatever is lacking must be supplied before crops will be normal. The human body is also subject to insufficiencies and shortages. It may lack potassium, or magnesia, or sodium, or lime, or iron, or phosphorus, or sulphur, or chlorin, or other elements, and if it does it is not healthy or normal and its products are correspondingly affected. This is disease; and the character of the disease products, or an inability to produce healthful thought or sensations or complete consciousness, indicate the kind of deficiency, and the inorganic salt necessary to supply it. In all cases of disease (deficiency) the mind is affected, directly or reflexly, and permits the incursion of doubt, fear, anger, inconstancy, vacillation, and the myriad of disease producing vibrations. The individual is powerless to repel. He may be able to cause a substitution which will last for a time, just as one can stimulate the strength with a glass of whiskey, but this is always at the expense of the real strength, and the standard is lowered thereby, the depression being more profound and the reaction less readily secured.

The Ensign Remedies are prepared to supply deficiencies in the animal body. They contain the inorganic elements, with those necessary to secure a proper elimination of waste. All this is explained in our booklets. We send these booklets free to all who ask for them. We want you to read them. There is no obligation to buy anything. We have a booklet on General Diseases, one on Private Diseases, one on Women's Diseases, one on Varicose Veins and Varicocoele, and one on the Heart. They are worth reading, for they are sound, sensible, reasonable, logical, scientific and intensely practical. You will enjoy them. Send to

### ENSIGN REMEDIES CO.,

Canadian Office: Windsor, Ont.

Dept. G, Battle Creek, Mich.



W. S. ENSIGN,  
Phys. Ch.

## DO YOU REALIZE

That our course in OPTICS will make you a competent eye-sight specialist in a short time? That our course in NEURO-OPTHALMOLOGY qualifies our graduates in the science of removing the cause of all functional human ills? We guarantee to satisfy our students. WRITE FOR PARTICULARS.

Rowley Ophthalmological College, Rooms 1301-12, Holland Building.  
211 N. 7th St., St. Louis, Mo.



### BIG MAIL FREE

YOUR NAME PRINTED and sent to 10,000 firms all over the world, so they can send you Free Samples, Catalogs, Magazines, Books, Papers, etc., etc. Send now to be in 1907 BIG issue and get a BIG MAIL FREE and 6 month's trial subscription to our Beautiful Magazine with art cover in colors, all for 20c.

ALLEN, The Mail Man,  
Dept. A. 47, Kennedy, N.Y.

### DO YOU WISH to KNOW?

whether you will prosper or not in your undertakings? Whether you will marry or not? Have sickness or health? Travel or stay at home? Win or lose in speculation? Business to follow, etc. YOUR PLANETS WILL TELL YOU. No guess work. Clear answers to all questions of vital interest to each man and woman. Will send you hundreds of addresses of people who have been patrons of mine for 10 years, and you can write to them and verify my statements. **Grasp your opportunity** and you will gain your desires. Pope the great poet writes "Whoever disseminates true Astrology is a public benefactor." Shakespeare says "The Stars above us govern our conditions." Why should you doubt? Send your birth date and 10c. and I will send you a trial reading. L. Thomson, Dept. 8 Kansas City, Mo

When writing to advertisers please mention THE STELLAR RAY

# CHIROPRACTIC'S FOUNTAIN-HEAD

**FOR  
STUDENTS**

This School  
for 25 two cent  
stamps, will  
send

**THE  
Chiropractor**

the magazine of  
Chiropractic,  
for one year  
and over 100  
pages of liter-



**DR. D.D. PALMER  
DISCOVERER  
AND  
DEVELOPER  
OF  
CHIROPRACTIC**

**FOR  
THE  
SICK**

ature, Which  
will more fully  
explain what  
Chiropractic is,  
what it is not,  
and wherein it  
differs from Os-  
teopathy and  
all other meth-  
ods. Send for  
Sample Copy  
DO IT NOW.

**Our School Announcement is Free**

...Send  Today.

**THE PALMER SCHOOL OF  
CHIROPRACTIC  
DAVENPORT, IOWA U.S.A.**

When writing to advertisers please mention THE STELLAR RAY.

# The Monea Lessons

Are so simple and yet so mystical in their power to awaken the sleeping faculties that they never fail if an earnest seeker after truth contacts their author.

If you doubt a life beyond the grave your doubt may become a joyful certainty of eternal life. If you desire to enjoy each moment of your life **now**, the MONEA LESSONS will teach you how. After the first lesson through which we come in contact with your personality each one will be for your individual requirement. No. 1 is very concise and simple, but a liberal education in scientific truth. The price of lesson No. 1 is 50 cents, of each succeeding personal lesson, \$1.00. Only sincere minds will write to Monea, care "**THE STELLAR RAY**," Hodges Building, Detroit, Mich.

Hair on Face, Arms or Neck Permanently Removed by

## Dr. Stryker's Magic Powder

Will not injure the most delicate skin. Leaves the surface smooth as velvet. Easily applied. 50c and \$1.00 per bottle. Samples 25c. Agents wanted.

Dr. S. N. STRYKER, 156 Fifth Ave. Room 614, N. Y. City

## A SILENT THOUGHT SUCCESS CIRCLE.

I want everybody to know that I can heal them; I want to show you the virtues and healing potency my treatment contains; so will give two weeks' treatment free; I also want you to have the Device. It's an extirpator to ailments, blues, diseases, bad habits and poverty; it's the key to concentration and development of your higher powers. Now write me. I can cure you, and will. Enclose a dime when writing for a five months' subscription to my little Journal, "New Tho't Review."

Address Ida Welsh, Dept. S. Belleville, Illinois.

## PLANETS AND PEOPLE.

This book is an annual prognosticator and year book of the heavens, by F. E. Ormsby. It gives a forecast of the future relating to the business World. It contains practical information for the family, the farmer, the laborer, the preacher, the traveler, the physician, the student, the astronomer and astrologer.

It contains helpful lessons for young and old relating to life, health, business, politics, and education. It is a weather guide, marriage guide, and a birthday guide. It tells all about the morning and evening stars in the year 1907. It gives monthly forecasts and suggestions. It is a book that every one will find of practical interest and full of helpful suggestions.

The price is \$1.00. Address all orders to F. E. Ormsby & Co., Atheneum, Chicago.

## THOUGHT.

Thought is a magazine of health and progress. While not a very large magazine, yet it contains a large amount of good solid reading matter. It is edited by Sheldon Leavitt, M. D. In the December number is a fine editorial on "The Will as a Factor in Cure." It is published monthly by the Magnum Bonum Co., 4665 Lake street, Chicago. Subscription price, \$1.00; single copy, 10 cents.

Seeing your definitions of "A Friend" I am reminded of one I heard recently:

"One who knows all about you, and yet speaks to you."

CHAS. A. HAYDEN, 17 Windemere St., Cleveland, O.

# **The Dr. C. O. Sahler S A N I T A R I U M**

This Sanitarium, (large, new addition, modern in every particular) is roomy, home-like, free from all institutional features and erected with especial reference to the care and treatment of **MENTAL, NERVOUS, AND FUNCTIONAL DISORDERS** by the **PSYCHOLOGICAL METHOD EXCLUSIVELY**



---

---

**Large verandas, cheerful, sunny rooms, and sun parlors are features of this place.**

---

---

Physicians and friends who have mental and nervous patients whom they desire to place in an institution having the principles of home and family life, non-restraint, and having tried all other methods of treatment without success, should inquire into the merits of this Sanitarium.

## **No Insane Cases Received**

Write for particulars.

**The Dr. C. O. Sahler Sanitarium**  
**Kingston-on-Hudson, N. Y.**

# RESTORES EYESIGHT

SPECTACLES CAN BE ABANDONED



**"ACTINA"** a wonderful discovery that cures afflictions of the Eye without Cutting or Drugging.

There is no need for cutting, drugging or probing the eye for the cure of most forms of disease, as a new system of treating afflictions of the eye has been discovered whereby all tortuous methods are eliminated. There is no risk or experimenting, as hundreds of people have been cured of failing eyesight, cataracts, granulated lids and other afflictions of the eye through this grand discovery, when eminent oculists, they state, termed the cases incurable.

## WHAT OTHERS SAY

General Alexander Hamilton, Tarrytown-on-the-Hudson, N. Y., highly recommends "Actina."

Louis Meyer, 93 Herman St., Rochester, N. Y., writes: "Actina" has effected a wonderful cure in my wife's case, curing her of a severe eye trouble, and I would not be without it.

Mr. A. L. Howe, Tully, N. Y., writes: "Actina" has removed cataracts from both my eyes. I can read well without my glasses; am sixty-five years old.

Robert Baker, Ocean Park, Cal., writes: I should have been blind had I not used "Actina."

Hundreds of other testimonials will be sent on application. "Actina" is purely a home treatment and self-administered by the patient and is sent on trial, postpaid. If you will send your name and address, you will receive absolutely free, a valuable book—Prof. Wilson's Treatise on Disease.

WRITE TODAY. ADDRESS

**Actina Appliance Company,**

Dept. 206 B, 811-813 Walnut St., Kansas City, Mo.



# STOP FORGETTING! THE KEY TO SUCCESS

**IS THE DICKSON SCHOOL OF MEMORY'S CORRESPONDENCE COURSE**

THE Art of Memory reduced to a science, so that the ordinary brain is capable of retaining facts as easily as the more gifted. My method will enable you to accomplish more in a week than the hard-working man who does not THINK, will be able to do in a month, thus saving time and doubling your income. Poor memory is simply a lack of knowing HOW to think. The Dickson Method supplies that want, teaches you to think, to remember, to concentrate your mind, to converse fluently, to recall instantly faces, names, business details, books, studies, etc. No cumbersome and wearying method to memorize, requiring a strong memory to begin with. Simple, easy and sure to bring satisfactory results.

SLIPS of memory often mean the sacrifice of success, happiness, and even life itself. Master your mind, compel it to respond clearly, accurately, instantly. By my method you can convert a treacherous memory into a reliable one. Its study will give you perfect mind control and mental poise. Requires but a few minutes each day and richly repays the time invested. No matter what your life work is, a study of this method will make you more successful. A good memory saves time and money. Thousands of testimonials from men and women in every walk in life have been received from all over the world, stating that the writers owe their success to it.

Write to-day for wonderfully in- "How to Remember" cesting, illus., 32-pg. booklet

DICKSON SCHOOL OF MEMORY, 940 KIMBALL HALL, CHICAGO



# SCIENCE AND KEY OF LIFE.



## Planetary Influences.

An encyclopedia of knowledge and wisdom, gathered from the fruitage of the ages. The mysteries of life unveiled. It is through ignorance we err, but with knowledge comes power and with power liberty.

## What does Science and Key of Life teach?

It teaches truths of which the world is ignorant, which would better all conditions of life, if humanity were cognizant of them. It teaches what humanity needs most, viz, how to start aright in its earthly career and deals with marvelous revelations of a law that points a guiding finger for each human life on the great dial of the universe. It teaches how to determine success or failure of prospective undertakings, how to locate disease, what is the best means to be employed in restoring the patient, also, whether health will be restored or not.

### VOLUME ONE.

Vol.1. is replete with subject matter, more interesting than fairy lore because it is the truth revealed by immutable law.

**Abbreviated contents:** Influences of the Planets and Signs; History of the Golden, Silver, Copper and Earthen Ages; The Pyramids and Their Objects—Mathematical Principles Upon Which They Were Built, and Time of Building; Variable Stars—Their Re-Appearance at Regular Periods; The Star of Bethlehem; The Esoteric Side of Astrology; The Polar Revolution of the Earth, Showing the Equator Was Once at the Poles; Defeat of Spain Foretold, With Horoscopal Figure; The Prophet Daniel, an Astrologer; The Influence of Saturn Upon Spain During Spanish War; Planetary Influences on the Human Body, Etc., Etc.

Volume 1. contains Horoscopal Figures of: Oliver Cromwell, William Shakespeare, United States on March 20th, 1898, Napoleon III, P. B. Shelley, Emil Zola.

### VOLUME TWO.

Volume 2. is a still more interesting book. It tells of the wonderful Natal Star and other marvels of Planetary influences: The Truth Concerning the Life of Jesus of Nazareth; Life of Zoroaster; Persian and Chaldean Wisdom; The Sun, Moon, and Mercury in the Twelve Houses and Signs; The Law of Evolution; Comets and Their Influence; Table of Etheric Vibrations on Human Eye, per second; Color and Tone Scales—Spherical Prismatic Rays; Astrological Interpretations of Genesis; Knowledge

When writing to advertisers please mention THE STELLAR RAY.

of Astrology Necessary to Physicians; Effects of the Signs Upon Health, Diseases, Etc.; Re-Incarnation Controverted; Religion of the Chaldeans, Etc., Etc.

Volume 2. contains six charts and Horoscopal Figures, of: Jesus of Nazareth; Napoleon the First; Queen Marie Antoinette; George Washington; Charles J. Guiteau; Michael Angelo.

### VOLUME THREE.

Volume 3, is a comprehensive explanation of Astrological terms and phrases, arranged in alphabetical order, including a signification of Eclipses.

**Abbreviated contents:** Signification of the Twelve Houses in the General Affairs of the Personality; General Description of the Planets and Signs; Special Qualities and Properties of the Planets: Metals, etc., under the rule of the Planets; Professions, employments, Etc., Under the Rule of the Planets; Colors Signified by the Planets and Signs; Relation, Strength and Influence of Each Planet; Application or Separation With One Planet From Another; Sphere of Influence or Orb of Each Planet; Consideration of Time, When Event Will Transpire; Significations and Their Aspects in the Twelve Houses; Latitude and Longitude Necessary in Erection of a Figure; Reducing Mean to Sidereal Time; Examples for Taking Sidereal Time; Examples for Judgments in Horary Figures; Eight Charts; Favorable and Unfavorable Days; Rule of the Planets Each Hour of the Day, With Table; Relationship of the Hours of the Days, Ruled by the Planet.

### VOLUME FOUR.

Volume 4, is explicit, but in an intensely interesting manner, in giving the Planetary Effects on Character.

**Abbreviated Contents:** Faces of the Signs; Planets in the Twelve Houses and Signs; Effects on Character; Value of Correct Time in all Astrological Calculations; Heliocentric and Geocentric Systems of Astrology; Hindu System of Astrology; Signification of the Fixed Stars—Effects on Character, Etc., Etc., Their Location in Zodiac.

In order to correctly draw a Natal Chart, the influence of Fixed Stars is absolutely necessary, the bearing they have upon character or events being most important. This is a feature in Astrology which has been heretofore omitted, for the reason that no works have given the information desired. It will be therefore of vast importance, and the Astrologer and Student will gladly reach out to get such information.

### VOLUME FIVE.

Volume 5 should be in every home. Its far-reaching wisdom is so lucidly given that the reader feels that he should have it ever at hand as a guide in his life journey. It is devoted to Astro-physiology, health, disease, treatment, etc.

This is a volume of intense interest to the progressive physician. Hippocrates, who lived between three and four centuries prior to the Christian Era and who has been justly named the father of medicine, declared: "That a physician cannot safely administer drugs if he be unacquainted with Astrology." This means that in the absence of natural first principles for guidance, the application of remedies, however good they may be, will prove all guesswork. Advanced students in Astro-philosophy and occult science learn that nature never contradicts upon one plane what she asserts upon another plane. Therefore, if we follow the cue to medical practice, as given by its father, Hippocrates, we may discover the compass which will guide to the path of truth, and, hence, to success.

This volume is worth its weight in gold and untold riches, for without health, what is aught else of value. It should be in every household, as it gives information of what diseases each individual will be liable to, and the treatment necessary. Therefore, forewarned, is forearmed.

Price of each volume, cloth bound, postpaid, \$2.00.

**ASTRO PUBLISHING CO., Detroit, Mich.**



# "UNCOOKED FOODS AND HOW TO USE THEM" is a New Book

said by eminent scholars to be the most advanced work ever written on the food question. It contains 200 recipes for the preparation and combining of natural foods, bound in cloth and gold, sent post paid \$1. Address the author,

Eugene Christian, Food  
Expert,  
7 East 41st Street, New York.

The New York Herald says, "'Uncooked Foods' is a book every advanced thinker should read".

The London Mail says "Eugene Christian's new book 'Uncooked Foods' may be disputed, but it can not be answered".

Wu Ting Fang says, "'Uncooked Foods' is a great book. It ought to be printed in every language".

Ella Wheeler Wilcox says "'Uncooked foods' is the most advanced book ever written on the food question".

Lady Florence Dixie says "'Uncooked Foods, by Eugene Christian is 100 years ahead of the age".

My latest booklet "Results From Eating," Sent Free

**Eugene Christian Food Expert,**  
7 East 41st St. New York.

## Osteopathy in a Nut Shell

The new edition of Dr. Goetz's "Manual of Osteopathy" revised and enlarged is just out. Tells you how to treat all diseases successfully, WITHOUT DRUGS, by a series of manipulations (not massage) with the accessories of Diet, Baths and Exercise.

It is the only book of its kind on the market which gives an illustration for each movement or manipulation necessary to bring sure success.

Osteopathy is not new, but most people who do know of it have not had the opportunity of procuring a book on the subject, with illustrations and instructions simply written that anyone without previous study can apply.

### THIS IS YOUR CHANCE

Readers of this journal will find this an excellent work on the science and is written for you and others who have neither time nor inclination to take a college course.

Send for prospectus and sample pages. Your money back if dissatisfied.

**NATURE'S CURE CO.**

918 Union Trust Building, CINCINNATI, O.

When writing to advertisers please mention THE STELLAR RAY.



## Ella Wheeler Wilcox's Very Latest Poems

are now published in a dainty little volume, "NEW THOUGHT PASTELS." Lovely for Christmas and for every day inspiration.

Price, 50c, postpaid. Most of these poems were written for THE NAUTILUS, the New Life magazine which Mrs. Wilcox sends to her friends and those who need a word of help or cheer.

is published and edited by  
**The Elizabeth and William E. Towne,**  
**Nautilus.** aided by an unequalled corps of  
splendid writers, as follows:

Edwin Markham, Ella Wheeler Wilcox,  
Florence Morse Kingsley, Henry Wood,  
Ella Adella Fletcher, Eleanor Kirk,  
Prof. Edgar L. Larkin, Grace Mac Gowan Cooke,  
Frederick Rosslyn, Floyd B. Wilson,  
W. R. G. Latson, M. D., Salvarona,  
and many others.

It is the belief of its readers that The Nautilus is the top notch magazine and growing with every number. They say it is  
**BRIGHT, BREEZY,**

**PURE AND PRACTICAL,**  
**REDOLENT OF HOPE**  
**AND GOOD CHEER,**  
**THE POWER FOR GOOD**

that has set thousands of lives in happier, more useful lines.

The Nautilus sub. price per year - \$1.00  
New Thought Pastels, Mrs. Wilcox - .50  
**\$1.50**

Our price if you order now, just \$1.00 for the two. You will be delighted with both. This is a trial subscription offer that you can't afford to ignore. Address:

**ELIZABETH TOWNE, Dept. 17, Holyoke, Mass.**

## Gray or Faded Hair or Beard

Can now be restored to its natural color by taking medicine internally (10 to 20 drops, 3 times a day) that supplies the blood with this particular coloring matter. I discovered this fact some years ago while giving this medicine to a lady 68 years old, whose hair was white. She was greatly surprised (but no more so than I was) to see her hair gradually getting darker and it became a Nice, Glossy Black, with not a gray hair on her head. I do not understand what causes the change in color, unless, as stated above, the medicine furnishes the blood with some certain coloring matter that nature has failed to supply. I have this formula printed and will send to anyone for only \$2.50 and will refund your money if it fails to restore the color as it was when young. It is harmless. Can get it in any drug store. I have sold this formula to hundreds and have not been asked to refund the money by to exceed half a dozen. The same medicine will prevent hair from ever turning gray. Address

**J. E. HADLEY, M. D., 3305 Cedar Bluffs, Neb.**

# A Perfect Remedy For Every Disease

To call a remedy perfect is to say a great deal. It means a remedy that will cure any curable disease and not one time but every time. It means a system of treatment that will accomplish what no remedy has ever yet accomplished. Yet we claim all this for the Enk Preparations. We claim that they are perfect remedies because they fulfill the five requirements laid down by the greatest and most successful of all medical philosophers. (1) They feed the tissues, (2) they maintain digestion and nutrition. (3) They encourage assimilation and energy production. (4) They equalize the circulation and (5) They eliminate waste and purify the blood and tissues.

No more could be asked of any remedy, no more could be accomplished by any system of treatment, yet the **Enk Preparations are not drugs**. They are pure physiological foods, not poisons and are guaranteed under the pure food and drug law passed June 30, 1906, by the United States Congress, to contain just what we claim them to contain.

Make no mistake by using inferior remedies but secure a sample to-day and convince yourself.

The first vial of any 25c remedy will be sent to any address for 10c, the cost of postage and packing.

|                                  |                                      |                                      |
|----------------------------------|--------------------------------------|--------------------------------------|
| No. 1 Teething Children.....25c  | No. 21 Neuralgia.....25c             | No. 39 Inflamma'n of Bladd'r.....25c |
| 2 Infantile Catarrh.....25c      | 22 Toothache.....25c                 | 40 Rheumatism.....25c                |
| 3 Infantile Bronchitis.....25c   | 23 Tonsillitis.....25c               | 41 Nerv's Sick Headache.....25c      |
| 4 Infantile Diarrhoea.....25c    | 24 Sore Throat.....25c               | 42 St. Vitus Dance.....25c           |
| 5 Baby Colic.....25c             | 25 Bronchitis.....25c                | 43 Epilepsy.....25c                  |
| 6 Constipat'n of Infants.....25c | 26 D Consump't'n, fever.....\$1.00   | 44 Headaches.....25c                 |
| 7 Croup.....50c                  | 26 E Consump't'n, deb'lty.....\$1.00 | 45 Scrofula.....25c                  |
| 8 Scuris.....25c                 | 26 F Consump't'n, tuber's.....\$1.00 | 46 Measles.....25c                   |
| 9 Worms.....25c                  | 27 Whooping Cough.....25c            | 47 Salt Rheum.....25c                |
| 10 Chlorosis.....25c             | 28 Asthma.....25c                    | 48 Boils.....25c                     |
| 11 Leucorrhoea.....25c           | 29 Pleurisy.....25c                  | 49 Felons.....25c                    |
| 12 Profuse Menses.....25c        | 30 Heart Diseases.....25c            | 50 Fevers, Inflammation.....25c      |
| 13 Change of Life.....50c        | 31 Dyspepsia.....25c                 | 51 La Grippe.....25c                 |
| 14 Caked Breasts.....25c         | 32 Diarrhoea.....25c                 | 52 Nervous Diseases.....25c          |
| 15 Deficient Milk.....25c        | 33 Colic.....25c                     | 53 General Debility.....25c          |
| 16 Prolapsus Uteri.....25c       | 34 Cholera Morbus.....25c            | 54 Malarial Diseases.....25c         |
| 17 Vomiting of Pregn'cy.....25c  | 35 Constipation.....25c              | 55 Catarrh of Stomach.....25c        |
| 18 Pimples on Face.....25c       | 36 Hemorrhoids.....25c               | 56 Bed Wetting.....25c               |
| 19 Cold in the Head.....25c      | 37 Liver Complaint.....25c           | 57 Mechanical Injuries.....25c       |
| 20 Chronic Catarrh.....25c       | 38 Kidney Diseases.....25c           | 58 Mental States.....25c             |

No. 59 Constitutional Specials, 25c and \$1.00

and ten unsurpassed remedies for private diseases.

A post-card will secure our booklets, "A Short Road to Health" and "Private Diseases." Don't hesitate. Send now.

We have opened the door to health and success for thousands. Why not you?

Address,

**THE ENK PREPARATIONS CO.,**

DEPT. S.

Box No. 151, Columbus, O.

# Naturopathic Institute and Sanatorium of California

Incorporated

PHONES: MAIN 3228 ∴ HOME 7345

The Sanatorium is located at 556-558-560 South Hope Street, Los Angeles, Calif., two blocks from Central Park, on a quiet street.

The rooms are sunny, steam-heated and comfortably furnished. : : : : : : : : :

The treatment rooms are open to outside patients.

All acute and chronic diseases are treated.

Electric Light, Hot Air, Vapor, Sun, Electric, Herbal, Needle, Sitz, Friction and Shower Baths, as well as Massage, Swedish and other movements. Osteopathy, Chiro-Practic, Orthopedic Surgery and all Hydropathic treatments are given.

Scientific Masseurs may be engaged to treat patients at their residence. : : : : : : : : :

**Dr. CARL SCHULTZ, President**

**Dr. ELLEN SCHULTZ, Secretary**

## SCIENTIFIC ASTROLOGY,

Since the first men with live brains in their heads stood up and gazed at the stars, mankind has intuitively grasped the fact that these stately sentinels of the night were intimately related to human affairs and closely touched every individual life. The great and famous of all climes have believed in their Star as confidently as the great Napoleon. This was, is, not by chance. Intuition is inspiration. Recent demonstrations in Astro-physical science have outdone even the marvels of astral prediction of Brahe and Kepler, the greatest of past Seers. If you really want to know what Scientific Astrology has for you in the way of inspiration and guidance as to your future, send me your birth-date with 2c's stamp, and I will delight you with my intimate delineation of your prospects.

**Prof. Alcor S. Mizaro, Box 940,**

**Bridgeport, - - - Conn.**

**I Can Sell Your Real Estate or Business**

**NO MATTER WHERE LOCATED**

Properties and Business of all kinds sold quickly for cash in all parts of United States. Don't wait. Write to-day describing what you have to sell and give cash price on same.

**If You Want to Buy**

any kind of Business or Real Estate anywhere at any price, write me your requirements. I can save you time and money.

**DAVID P. TAFF,**

**THE LAND MAN,**

**415 Kansas Avenue, TOPEKA, KANSAS.**

## VITALITY.

The Health Publishing Company, have gotten out a splendid book entitled, Vitality. This book is the combined work of seven prominent physicians, each one a specialist in the line on which he writes. The introductory chapter, on sexual physiology, is written by Dr. Chas. Tyrrell. Other subjects treated are hygiene, physical development, breathing, diet, hydropathy, and all the forces that tend to promote and preserve vitality. This book will not only be interesting to doctors, but especially to the lay reader.

Address all orders to the Health Pub. Co., 321 5th Ave., New York City. Mention THE STELLAR RAY when writing.

## THROUGH SILENCE TO REALIZATION.

This book is written by the well known writer, Floyd B. Wilson, author of Paths to Power. Some of the subject treated are, Thought, Silence, Mental Images, Color in Life, Destiny, Hope, Realization, etc., etc. Any one who has read any of Floyd B. Wilson's works, will know that this book is worth while.

It is published by Wm. E. Towne, Holyoke, Mass. Price, \$1.00 bound in silk cloth, 200 pages.

Mention THE STELLAR RAY when writing.

FLORENCE FOX, Buffalo, N. Y.

I am the expression of a perfect thought of the divine intelligence. Today I shall so live as to reveal that thought in its highest conception.

\* \* \* Contentment is a state of mind and not of actual condition.

\* \* \* "Can't" is the disease which kills many a bright ambition.

# The St. Louis School of Suggestive Therapeutics.

(Incorporated and now doing business in Los Angeles, California.)



We devote our whole time to Suggestive Therapeutics. We have no other interests of any kind. We deliver a course of lectures on Suggestive Therapeutics every month in the year. Pupils may come any time. We make them able to do successful practice. Diplomas awarded. Information about length of course and tuition furnished upon application.

We also furnish, in elegantly bound book form, a Course of Lessons in Suggestive Therapeutics, completely covering the application of suggestion in the treatment of all kinds of diseases, and in the correction of habits and building of character. Diplomas with this also. See what Mr. Hudson says about our course.

1028 Trumbull Ave., Detroit, Mich., Oct. 30, 1902.

DEAR DR. PITZER: Many thanks for your Correspondence Course. I have read it very carefully, and I must acknowledge that it is the best I have seen of the many now before the public. The great beauty of it is that it is easily understood, and practical to the last degree.

Author of Law of Psychic Phenomena, Etc.

We furnish a complete Table of Contents of this course to all who apply for it, that they may see at a glance just what it comprehends. **Sent Free!**

**FOR AFFLICTED PEOPLE.**—We treat and cure people here, suffering from all kinds of diseases, and we correct bad habits in young and old, all by Suggestion alone and without medicine. And when people cannot come here for personal treatment, we reach and cure them at their homes, in any part of the world. We are giving our whole life to this work, and we spare no pains to give everybody perfect satisfaction.

Booklets fully explaining our Personal and Home Methods of treatment **Sent Free to Everybody.** All afflicted people should read these booklets, for our methods frequently succeed and make perfect cures after all others have failed. Send for them now. You will enjoy reading them.

Address, **GEO. C. PITZER, M. D.,**

1045 S Union Ave.,

Los Angeles, California.

## HOW TO BUILD YOUR OWN BRAIN

January New Thought will print the first of a series of articles on Scientific Character Building by the well known scientist, Leon Elbert Landone, telling how to build in new brain structure which shall manifest special desired qualities.

*If you wish certain attributes or talents added to your character, if you wish special tastes developed, if you desire mental or moral weakness transformed into strong, positive powers for good, read these articles.* Dr. Landone has agreed to give specific methods (the result of long years of scientific experiment and investigation) and the "building" of hundreds and hundreds of brains not only to produce qualities and conditions which he desires to demonstrate, but to apply to individual cases, submitted by subscribers.

Dr. Landone's series in New Thought on Physical Immortality (just closed) created a tremendous sensation and will be brought out in book form to satisfy the hundreds of requests received.

You know well many of the other famous people whose writings appear in New Thought monthly—  
**WILLIAM WALKER ATKINSON    HORATIO DRESSER    ELLA WHEELER WILCOX**  
**WALTER DE VOE    URIEL BUCHANAN    IDA GATLING PENTECOST**  
**KIICHI KANEKO    MARCHESA F. ALLI-MACCARANI and a dozen others.**

New Thought is Only 50 cents a year. 64 pages and cover, standard magazine size. Send now for the magazine for 1907 and receive our beautiful Christmas number Free. Or 4 months trial subscription for 10 cents.

Editors:—**LOUISE REDFORD WELLS and FRANKLIN L. BERRY.**

### THE NEW THOUGHT PUBLISHING COMPANY,

1173 Caxton Bldg.

Chicago, Ill. U. S. A.

### DEROLLI'S ANNUAL.

This little book is a forecast of the conditions for good and evil existing on each one of the 365 days in the year 1907. A careful reading of this book will enable you to forecast your own horoscope. It gives the precious stones of each month of the year and their language.

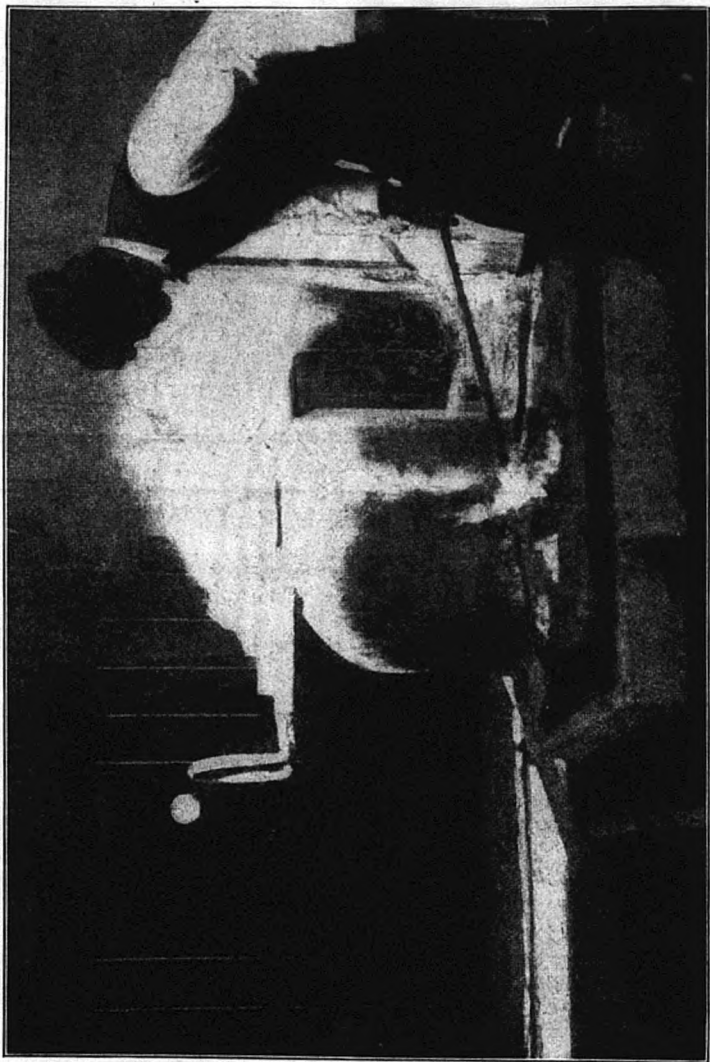
The price of the booklet is 50 cents. Address all orders to the Quaint Book Shop, 73 Boylston street, Boston, Mass. Mention THE STELLAR RAY when writing.

When writing to advertisers please mention THE STELLAR RAY.

## THE GOVERNMENT'S ELECTRIC FURNACE

For smelting into Steel, Iron Ore recovered from the Black Sand. Erected and successfully operated for the Government by Mr. C. E. Wilson at the Lewis and Clark Exposition.

Mr. Wilson is now under contract to devote his entire time to the Electric Furnace and Electric Smelting Department of the  
**Black Sand and Gold Recovery Co.**



When writing to advertisers please mention THE STELLAR RAY.



# FOLLOWING THE FLAG.



How would you like to join in an enterprise that is following up on a commercial scale the successful research work of

## **The United States Government.**

The last Congress appropriated \$50,000 for an exhaustive investigation to determine the mineral values of the Black Sands of the Pacific Coast and to devise a way to recover and utilize these values. In this the Government was entirely successful and proved that:

**Black Sand** is the greatest source of undeveloped natural wealth in this country to-day.

**Black Sand** is the source of supply for untold millions of GOLD.

**Black Sand** is the source of PLATINUM which is worth more than gold.


**Black Sand** is the source of MONAZITE the mother of Thorium from which one hundred million incandescent mantles are made in this country every year.

**Black Sand** is the source of other precious minerals for which the commercial demand is vastly in excess of the supply.

**Black Sand IS THE ONLY AVAILABLE SOURCE OF IRON ORE** on the Pacific Coast where the business in iron and steel amounts to over \$100,000,000 per year, and where the freight on iron and steel amounts to over \$7,000,000 per year.

But the Government went still farther. It succeeded in recovering the precious minerals from Black Sands and turned the iron recovered from the sands into fine steel. **Read the report of the Black Sand investigation in Senate document No. 65**, a copy of which will be forwarded to you if you will send your name and address to **The Black Sand & Gold Recovery Company**.

Although it is over a year since the Government completed its successful investigation of the Black Sands and handed it over to the people of the United States to commercialize, The Black Sand & Gold Recovery Company is the only company that is actually engaged in following up the work of the Government on a large commercial scale. Why?

 (SEE NEXT PAGE.)

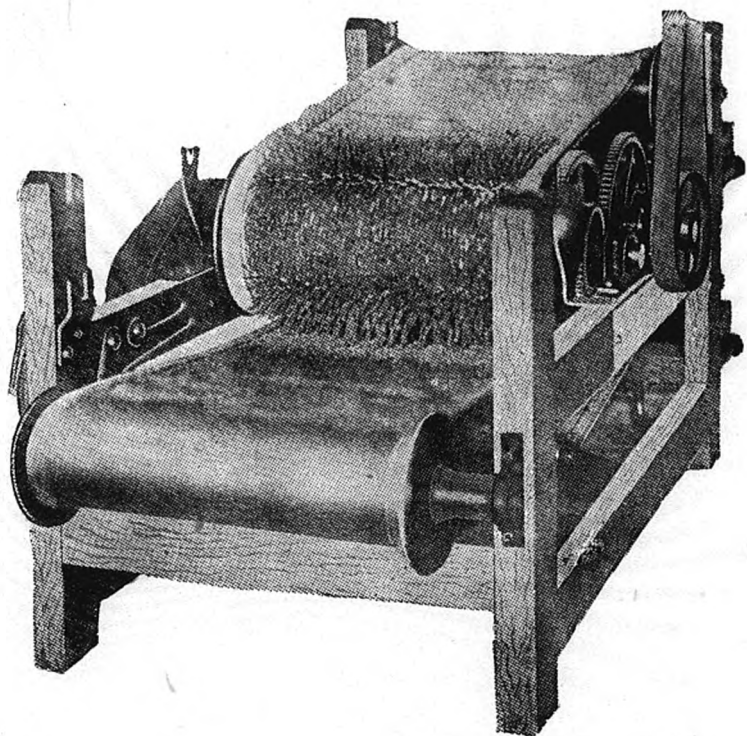
**Because.** In handling the Black Sands commercially they must be handled wet and handled in large quantities, and there is only one Magnetic Separator that meets this requirement—**The Lovett Magnetic Separator.**

**The Black Sand & Gold Recovery Company** controls the Lovett Magnetic Separator which has been called "The Key to the Black Sands."

**The Black Sand & Gold Recovery Company** has the exclusive control (under strong patent protection) of the only practical process of recovering gold from sand and iron that have been magnetically separated.

**The Black Sand & Gold Recovery Company** has the only machine (The Lovett) that can make a commercial separation of iron ore from wet Black Sand and recover the iron ore in sufficient quantities and at so low a cost as to make the manufacture of steel commercially practicable on the Pacific Coast.

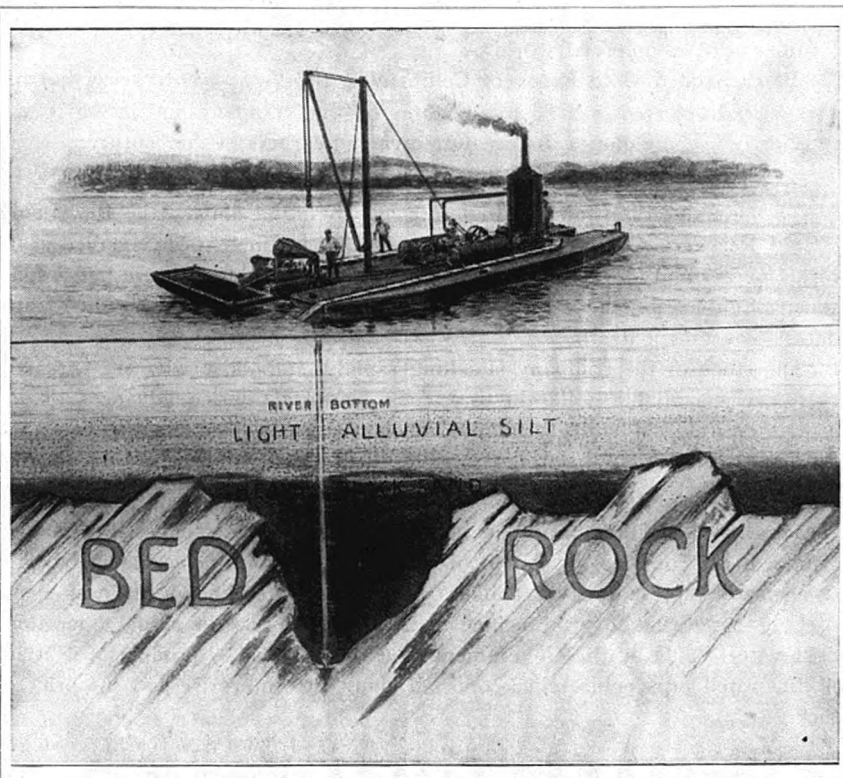
One of these Lovett Machines, (costing \$350 to build), in actual field operations on a full-sized suction dredge, recovered 90 tons of iron ore a day at a cost of less than \$1.00 per ton. This ore at Pittsburg prices is worth over \$5.00 per ton at the smelter.



The Lovett Magnetic Separator loaded with iron which it has taken from the Black Sand. This Machine is the key which has unlocked the fabulous wealth of the Black Sands of the Pacific Coast.

**The Black Sand & Gold Recovery Company** succeeds the U. S. Government in developing the Black Sands commercially. J. F. Batchelder, M. E., Supt. of mines and metallurgy, at the Lewis and Clark Exposition, and C. E. Wilson, electrical furnace expert, are now in the employ of this Company, and are engaged in installing plants to carry on the work, on a profitable commercial scale, which they commenced as government agents.

**The Black Sand & Gold Recovery Company** has exclusive control of **The Bed Rock Pneumatic Pipe Dredge**, a device that reaches bed rock and cleans it of its values at a depth many times greater than it is possible for any other type of dredge to operate. This device is going to revolutionize present systems of placer dredging in many sections of the country and open up rich placer properties and rich gold deposits which, although their presence has long been known, were considered beyond the reach of man.



**The Bed Rock Pneumatic or Compressed Air Pipe Dredge.**

This shows the pipe lifting the heavy black sand out of one of nature's bed rock riffles. The precious minerals like gold and platinum have been trapped in these pockets or riffles for untold ages, but no method to recover these stored up treasures had been devised before the advent of the Pipe Dredge. This dredge will enter these pockets and recover the values they contain.

(SEE NEXT PAGE.)



The Black Sand & Gold Recovery Company, in its exclusive control of The Lovett Method, claims that through its patented machinery and process patents embraced in this method, and the economy of the method, it has a virtual monopoly in the handling of the Black Sands commercially, and that the next few years will find thousands of mining companies operating successfully by using the Lovett Method on a royalty basis.

The Black Sand & Gold Recovery Company owns many valuable Black Sand properties in different parts of the Pacific slope and is now installing plants on several of these properties to recover the mineral values.

The Black Sand & Gold Recovery Company will erect many plants of its own, and there is a developed field to-day for over 100,000 of its machines on royalties. These machines will each earn many dollars per day.

The work of The Black Sand & Gold Recovery Company is destined to revolutionize industrial conditions, not only on the Pacific Coast, but throughout the entire commercial world.

The Black Sand & Gold Recovery Company is the biggest enterprise that has ever been started in the United States by one company and its stock will shortly become one of the greatest dividend earners of the century.

### **Opportunity for Investment.**

To the man with a few hundred or a few thousand dollars, the Black Sand & Gold Recovery Co., offers an investment that has never been equalled in the world for certainty of big returns. This is not a mining venture but a solid, industrial enterprise, the way for which was successfully paved by the United States Government itself.

The stock of the company is selling rapidly, and those who are wise will invest every available dollar in this stock before the price advances or the stock is entirely sold out. Already sufficient stock has been sold to equip the first plant, which is now nearing completion and which will be operating shortly.

### **A Strong Board of Directors.**

The Board of Directors of the company is one of the strongest boards ever organized. It contains steel men of national reputation, Government officials, Government representatives, bankers, lawyers and well-known business men.

Call to see the Lovett Machine and Lovett Process in actual operation; see the steel made by the Government; see the various by-products; or write for illustrated prospectus which tells all about the enterprise and the price of stock.

ADDRESS **HERBERT A. PARKYN, Financial Agent,**

**The Black Sand and Gold Recovery Co.,**  
**Rooms A 1510 and 1511 Marquette Bld'g,**  
**CHICAGO, ILL.**

## They Who Inherit the Earth

### A PLEA FOR THE NORMAL

Book contains the most useful and advanced thought of the Century.

Invaluable to every thinker, every physician and to those interested in regaining and maintaining perfect health.

Price 10c. Will send free to any reader of Stellar Ray. Address:

**Toxo-Absorbent Company,**  
94 State St. Rochester, N. Y.



**COUPON** Send name and address at once and get a Dollar solid gold pattern Ring for only 10c. A Solid Gold Shell Signet Ring, warranted for years. Handsomely finished with raised scrolls on the sides, and any initials engraved FREE. They always pass for a \$5.00 ring and are all the rage. **DEFIANCE RING CO.** 65 West Broadway, New York.

95 handsome sample souvenir post cards and our catalogue; 10c; postpaid, new subjects, the kind that sell 2 for 5c and 5c each. Dealers write for trade prices. Agents wanted. Defiance Studio, 65 West Broadway, New York.

**Voice Culture** By my Correspondence Method of Voice Culture you can make your voice beautiful, resonant, and of extended compass—you can learn to read music as you read print, in less time and at less expense than by personal lessons. If you are interested in vocal music, send 2c stamp for my booklet, "The Voice Made Beautiful," and terms for course of thirty lessons.

**HARVEY SUTHERLAND,**

Suite 913 "The Gramercy" New York City

Every day in this world has its work, and every day as it rises out of eternity keeps putting to each of us this question afresh, "What will you do before to-day has sunk into eternity and nothingness again?"

And now what have we to say with respect to this strange, solemn thing—Time? That men do with it through life just what the apostles did for one precious and irreplaceable hour—they go to sleep.—*Robertson.*

Correspondents should always give full Post Office address in each letter written. We frequently receive mail in which this is overlooked. One letter is now being held in our office and though important, it cannot be answered. It is from a rural route at Gentry but the name of the state is not given and the postal guide gives three different towns of that name in this country.

Do not dare to live without some clear intention toward which your living shall be bent. Mean to be something with all your might.—*Phillips Brooks.*

## A FREE TRIAL!

If you suffer from

## SORE THROAT

you can be relieved and  
cured by

## Hydrozone

which has the endorsement of thousands of doctors, who have successfully used it in their practice.

**Hydrozone is absolutely harmless.**

In order to convince you that **Hydrozone** is a remarkably efficient remedy, which gives the most gratifying results, I will send

## A 25c. BOTTLE FREE

(Only one to a family)

to anyone signing coupon and sending **10 Cents** to me to cover forwarding charges.

Sold by leading druggists. None genuine without my signature.

*Charles Warchand*

Chemist and Graduate of the "Ecole Centrale des Arts et Manufactures de Paris" (France)

57 Prince Street  
New York City

**FREE!**  
Valuable booklet on How to Treat Diseases

40

Send free trial bottle of Hydrozone, for which I enclose 10c. to pay forwarding charges. Coupon good only until Mar. 30 '07.

**COUPON**

Name .....

Address .....

Druggist .....

WRITE LEGIBLY



## Improve Your Face BY MAKING FACES

**Making Faces** is the title of my book which tells you how to make your face healthy, beautiful and wonderfully expressive and your flesh firm by a series of exercises. Results are quick and permanent. Third edition now in process of publication. Postpaid, upon receipt of price.....25c

### The Chest, its Actions and Muscles.

The function of breathing is the most important of all the vital processes. I maintain that two-thirds of the inhabitants of the globe do not know the proper method of breathing. This fact is, without doubt, responsible for one-half of the present-day sickness. My new book, **The Chest**, will teach you how to breathe. It will make you healthy and happy. This book is fully illustrated by beautiful half-tones, thus enabling you to easily follow out the exercises I outline therein. I will send this book to any address upon receipt of price.....25c

### How to Beautify the Eyes and Develop the Muscles of the Jaw.

This book will teach you how to beautify the eyes and muscles of the jaw, also how to overcome hollow cheeks and sunken eyes. Beautifully illustrated by twelve half-tones showing the various exercises. Sent postpaid upon receipt of price 25c

#### MY SPECIAL OFFER

I will send my complete series of books **The Chest, Making Faces, Development of the Neck Muscles, How to Beautify the Eyes, and my Chart Course**, regular price \$1.25, on receipt of **\$1.00**.

Address **PROFESSOR ANTHONY BARKER,**  
SCHOOL OF PHYSICAL CULTURE,  
1164 1/2 BROADWAY : : : NEW YORK CITY

Two Books With a Life.

## Brains and Man

There's one system you can not buy (nor gain by eating and nerve medicines). That with **Brains** in the office of your head. Why **imagine** you think? Why be Delinquent? Why sink into a wooden man, unable to SEE, much less take advantage of opportunities? Wake, train, brighten your mind. Memory. Will by scientific short-cuts. Place them on the best paying business basis. Be clear-minded. Be a live one. Get

## Erbes' Brain Book

Solves mysteries by mother earth, vital flesh and blood facts. Based on Erbes' new muscular law of brain and mind Development—unit by unit. In a few weeks you can be master of things and life—you can know men so as to be acquainted on sight and lead them your way. \$1.30 mailed. Write to day.

*Gain the might and right which comes from knowing.*

## Unwritten Meanings of Words

Erbes' **Work Book**. Derived from the living facts and uniform significance of facial and mouth (gestures) expression. Supplies an easy Self-help philosophy of speech, written and spoken, by which the **psychological** word values are instantly determinable without the aid of reference books. A universal guide to

**Good English, Convincing language,  
Learning languages**

and to the sense and **psychic** effects of all sounds and words; words vividly suggestive, persuasive, that go straight from mind to mind, from soul to soul—comes little short of mind-reading to the listener. The only published key and "King's keys to the choice of synonyms." \$2.00 mailed.

Get the real life pulse. Drive your words to the mark. Send today.

**Promethean Publ. Co.,**  
622—24 W. Rockwell St., Chicago, Ills.

## HEALTH.

Health is the oldest magazine of its class in the world, having been published fifty-six years without missing an issue.

Its aim is to furnish something to suit the needs and tastes of all classes of readers. It has a splendid Home Department and an excellent Physical Culture section. A Question and Answer Department, in which all questions pertaining to health are promptly answered. In the Editorial Department health matters and subjects of popular interest are discussed. Every number is a mine of valuable information. It is an ideal family magazine.

Subscription price, \$1.00 a year. Sample copy sent free on request.

For a limited time we will send both **Health** and **The Stellar Ray** one year for \$1.25. Two splendid magazines for only \$1.25. Send in your subscription at once. Address, **Health Publishing Co., 321 Fifth Ave., New York, N. Y.**

## SPINAL TROUBLE CURED.

You can be cured in your own home without pain or discomfort. Spinal trouble of any kind saps the life and vitality of a person. Just the least curvature of the spine has a bad effect upon the whole body. Drugs cannot help an affected spine. Some kind of apparatus is needed to bring the spine back to normal position. The best apparatus we know of is what is known as the Sheldon method. This anatomical appliance was invented by a man who cured himself of spinal curvature. This appliance relieves the pressure at the affected parts of the spine, removes the soreness and invigorates and strengthens the whole spine. It is nature's own way of curing. This appliance is manufactured by the **Philo Burt Mfg. Co., 274 Second St., Jamestown, N. Y.** They are so confident of the value of the appliance that they offer to send it 30 days on trial, and if it is not satisfactory you can return it and get your money back. If you write them mention **THE STELLAR RAY**.

When writing to advertisers please mention **THE STELLAR RAY**.

# YOU ARE What You Think Not What You Think YOU ARE

**B**RIGHT, BRAINY, BREEZY, with a forceful forward swing, THE OPEN ROAD has a vigorous *Western Way* of its own. There is nothing "ready made" about it. No "good old way." THE OPEN ROAD is the aggressive, full-blooded high-stepper of the West. It is bold, it is brisk, it is bright, it is strong; it is independent and optimistic, fearless and straight-from the shoulder, a characteristic Western product, by brilliant Western thinkers. It is an inspiring brain tonic for all thinking people.

THE OPEN ROAD fights for Freedom, for Truth, for Courage, for Light; fights against conventional hypocrisy, against false standards. "Free and untrammelled," THE OPEN ROAD travels the open road, traversing the arena of vital, wide-awake, original thought by, of and for thinking people.

## Thinking Man, Thinking Woman Reads The Open Road

That's why you want to read it. Fascinating, interesting articles, highest grade fiction; French and German essays an epochmaking feature. Let us place your name on our subscription list. \$1.00 by the year. It will pay you, will please you.

Send us \$1.00 and we will mark your subscription paid up to May, 1908—20 months for \$1.00—in fact, 23 months for \$1.00, because immediately upon receipt of your subscription we shall send you the last 3 monthly issues free. Subscribe now, right now; write now, enclosing the dollar by draft, check, money order, currency or stamps at our risk. Do not delay and you will then immediately hear from us again. We have an agreeable surprise in store for those who will lose no time in sending in their subscriptions; some valuable free premiums. You will be safe in sending in your subscriptions and letting us do the rest. Or send at once for free sample copy, and you will then hear from us again at once.

## THE OPEN ROAD 42 Metropolitan Block, Chicago

Quality and Quantity of circulation the intelligent advertiser values.  
Quality not Quantity of contents the intelligent reader values.  
THE OPEN ROAD furnishes all these values.  
THE OPEN ROAD completely covers the Central West.  
Advertising rates upon application.

When writing to advertisers please mention THE STELLAR RAY.



WILCOX

# One Year Ten Cents

**American New Life** is a handsome illustrated advanced thought and occult magazine, published quarterly, edited by William E. and Elizabeth Towne. Every number is printed on fine super-calendered paper and the covers done in colored ink.

**American New Life** contains an Astrology Department, conducted by one of the ablest scientific astrologers in America, wherein are printed *daily* predictions, telling what days are lucky for business, travel, love, etc. Try this list yourself. You will be amused and astonished at its general accuracy. The magazine contains a Healing Circle Department in every number. This Circle has over 500 members,

In each issue of **American New Life** you will find reviews of all the latest and best new thought and occult books. **Special Bargain** offers that you will find nowhere else. Don't buy new thought books until you see my offers. In the next number I will print Ella Wheeler Wilcox's famous poem, "To An Astrologer." Don't miss it.

Send only Ten Cents for **AMERICAN NEW LIFE** a year, and ask for two back numbers **FREE**

William E. Towne,

Dept. 17.

Holyoke, Mass.

DEROLLI



## A BOOK FOR LIVE MEN AND WOMEN Human Nature Explained

An Illustrated Treatise on Character Reading

By PROF. N. N. RIDDELL, Ph. D.

This work embraces the most advanced thought of the age on the Philosophy of Life, Mineral, Vegetable, Animal and Human. Their Origin and Nature; Magnetism, How Produced, Its Nature and Influence; The Law of Magnetic Currents; Mind Healing and Hypnotism; Thought Transmission and Mind Reading; Mind and Matter, Their Relation and Dependence Upon Each Other; Influence of Mind over Body, and Body over Mind; Constitutional Differences, How Formed; The Law of Growth and Development; Heredity and Prenatal Culture; Organic Quality; Health, Vitality and Food, Their Influence upon Mind and Character; Exercise and Sleep; Temperaments and Constitutional Differences; Digestive, Circulatory and Breathing Powers; Brain and Nerves, Their Relation to Life, Sensation and Mentality; Soul, Mind and Thought, Their Relation to Brain and Facial Expressions; Primary Elements of Mind; Diversity of Gifts; The Law of Growth; Groups of Faculties Considered in their Relation to Mind and Character. Their Manifestation in Primitive and Civilized Man; The Philosophy of Mind Considered as a Whole, Together with a Definition and Analysis of each of its Forty-three Elements in their Relation to Brain and Mind; How Primary Elements Combine and Co-ordinate to Produce Thoughts and Conclusions and why People Necessarily Arrive at Different Conclusions when Reasoning from the Same Data, etc., etc.

**MEN AND WOMEN DIFFER IN CHARACTER** as they do in looks and temperament; no two are just alike. If you would know these "Signs of Character" read "**HUMAN NATURE EXPLAINED**," and you can read men as an open book.

It gives the most complete system of reading character ever published. Contains 300 large pages very fully illustrated. Price, postpaid, \$1.00. Address,

**THE HEALTH CULTURE CO.,**

151 W. 23d St., New York.

If you will mention **THE STELLAR RAY** will send *Health Culture* three months (Price \$1.00 a year). If not satisfied, money refunded.

**ONE CASE FREE.** I will heal *one case* in each neighborhood, no matter what the disease or how serious, free of charge. A healed case is my best advertisement. Address, with stamped envelope, Editor

"**OCCULT TRUTH SEEKER**," Dept. A. LAWRENCE, KAN.

**SEX and  
HEALTH  
BOOKS**

"THE DOCTOR'S PLAIN TALK TO YOUNG MEN,"  
"PLAIN TALK ON AVOIDED SUBJECTS,"  
"PRIVATE LETTER TO A FRIEND,"  
"THE RESPECTABLE MOTHER,"  
"COMMON DISORDERS,"  
Circulars of THESE BOOKS and many others sent for stamp. Postals not noticed.  
The Quaint Book Shop, 74 Boylston St., Room 412, Boston, Mass.

When writing to advertisers please mention **THE STELLAR RAY**.



ASUCCEDANEUM FOR MORPHIA.

# Antikamnia

OPPOSED TO PAIN.

**GUARANTEED!**

**THE** new Pure Food and Drugs Act requires all manufacturers to sell their products under a guaranty, and a general guaranty should be filed in the office of the Secretary of Agriculture at Washington.

The following is a copy of a letter issued from the Department of Agriculture to us:

DEPARTMENT OF AGRICULTURE  
Office of the Secretary  
WASHINGTON

November 1, 1906.

The Antikamnia Chemical Company,  
St. Louis, Mo.

Gentlemen:—

Your guaranty as to the character of the materials manufactured and sold by you, given in accordance with Circular 21 of this office, has been received, found to be in proper form and is regularly filed. The serial number attached thereto is No. 10.

Respectfully,

W. M. HAYS, Act. Sec'y.

All Antikamnia Preparations are sold under this guaranty and our Serial No. 10 appears on every package sold under the new law, thus assuring the medical profession of the absolute reliability of these pharmaceuticals.

**THE ANTIKAMNIA CHEMICAL CO., ST. LOUIS, MO., U. S. A.**

## DO YOU KNOW WHAT A STUFFED CLUB IS? IT IS A MONTHLY PERIODICAL AND THIS IS WHAT SOME EMINENT PEOPLE SAY OF IT

I have read every copy since first issue, would not do without it. Success to you.—**DR. L. B. LAWS.** I read your essay on immortality and think it the best argument I have seen.—**MRS. ALICE HUBBARD.** (The best half of the Great Philistine.) The **CLUB** is a grand initiative thought provoker. Your emancipation from all kinds of "isms" and "doxies" and intolerance, is wholesome and inspiring to the investigator who wants to see things from different points of view.—**CAPT. I. W. BELLINGSLEY,** Lincoln, Neb. The **CLUB** is the only voice now that reaches me from the "Wild and Woolly" west that inspires and invigorates.—**MALFREW SEKLEW,** Sheffield, Eng. The **CLUB** has aided me wonderfully in my evolution. It is just what a person needs to keep him in the straight and narrow path.—**DR. E. O. OLDS,** Enclosed find \$5.00. Keep sending me the best little monthly in the world.—**PABLO G. SCHOOF,** Mexico. The **CLUB** has helped me a thousand times more than I pay you for it.—**ALBERT ELLIS,** Ogden, Utah. By reading your **CLUB** and putting your teachings to use I have gained more in three months than in five years of drug treatment.—**MRS. S. A. BUSBY.** I like the broad gauge of the **CLUB.** It gives us information relative to right living from all standpoints.—**DR. C. S. DEVOLL.** Every number is a jewel.—**DR. ROSA E. CONGER.** It is most excellent.—**CHRISTINE BROWN.** Long may you live to "Club" medical conceits.—**JUDGE H. L. SIBLEY.** You are doing a grand work. Success to you.—**DR. J. F. LAND,** New York.

TEN CENTS PER COPY. ONE DOLLAR PER YEAR.

**A STUFFED CLUB, BOX 375, DENVER, COLORADO.**

## DRUGLESS HEALING TAUGHT BY MAIL

A profitable profession for men and women who are not satisfied with present occupation. Our course of instruction is no experiment. We teach Drugless Healing by mail. Our course includes Mechano-Therapy, Hydrotherapy, Dietetics, Mental Healing, Anatomy, Physiology, etc. Simple, practical, small expense, easy to learn. Diploma when qualified. Let us send you our new prospectus. Free by mail. Filled with valuable information worth dollars to you.

**American School Mechano-Therapy,  
718 Champlain Bldg., Chicago, Ill.**

## MAZDAZNAN

A Solution to the Most Perplexing Problems of Life. *The Only Expose of Its Kind.* Disclosing Philosophy, Religion, Sociology, Ancient and Modern.

### THE MAZDAZNAN

is the only magazine sowing broadcast the seed of Ancient Thought in Modern Terms.

Comparative relation of Christianity to Zo-roastrianism plainly expounded.

Send 2 cents for Magazines and other Valuable Literature. Send for it to day as this is acceptable time, this is the day for action.

Address,

### THE MAZDAZNAN

3016-18 Lake Park Ave.,

Chicago, Ill.

## PERSONAL MAGNETISM

Why not become Attractive and Influential?

SOME PEOPLE POSSESS A SILENT AND UNSEEN POWER WHICH ATTRACTS OTHERS WHO IN TURN FIND PLEASURE IN CONFERRING THEIR CONFIDENCE, GOOD WILL AND PATRONAGE.

THAT SILENT POWER WE TERM PERSONAL MAGNETISM. IT CAN BE ACQUIRED THROUGH CULTIVATION.

### LEROY BARRIER'S

CULTIVATION OF PERSONAL MAGNETISM IS A BOOK THAT TELLS JUST HOW TO ACQUIRE THIS DESIRABLE POWER.

THIS BOOK IS GUARANTEED TO GIVE SATISFACTION. Price in cloth \$1.00, in paper 50 cts.

Just Out: "The Power of Self Formation." By same author.

Price in cloth, gilt top, 80 cts.; in paper, 50 cts.

This book presents the HUMAN CULTURISTS' methods of utilizing AUTO-SUGGESTION in SELF FORMATION. One man after reading it wrote and told the author, "YOU HAVE DONE MORE GOOD THAN ANY MAN THAT EVER LIVED."

**FREE** On request an eight-page folder describing THE MASTERSHIP COURSE. Address **LEROY BARRIER**

2501 Farnam Street, DAVENPORT, IOWA

## DR. CARL STRUEH'S Nature Cure Sanitarium and Regeneratorium



464 Belden Ave., near Lincoln Park, Chicago, Ill.

Tel. White 2244

If you are interested in the Nature Cure please write for one of our illustrated booklets, containing explanation of our system and list of references. We will not drug you, but treat you with natural methods (diet, water cure, massage, physical culture, air and sunbaths, etc.). Patients living at a distance may communicate by mail. Full particulars, symptom blanks, etc., furnished on application.

### DR. CARL STRUEH

Formerly assistant to Prof. Eichhorst, Director of the University Hospital at Zurich (Switzerland).

Member Chicago Medical Society, Illinois State Medical Society, American Medical Association, German Medical Society of Chicago.

## The Occident

A Journal of The HIGHER THOUGHT. Yearly 50 cents; three months 10 cents. Sample copy 5 cents.

L. FRANCES ESTES

124 Highland Street, BROCKTON, MASS.

## THE BALANCE

"A MAGAZINE OF LEARNING"  
50 CENTS A YEAR

"A dollar Magazine for 50 cents." Worlds-Advance Thought.

The Balance was a success from the start. It is a sixty-four page, standard size, unique monthly magazine, presenting Higher Ideals, the New Psychology and Advanced Thought. From the scientific side these subjects are treated editorially in a manner both original and comprehensive. Following are some of the prominent writers who contribute a continual chain of interesting articles on advanced thought topics.

Dr. Geo. W. Carey  
Grace M. Brown  
Eugene Del Mar  
Dr. William Colby Cooper  
Eleanor Kirk  
Lucy E. Adams  
Dr. Alex. J. McIvor-Tyndall  
Frederic W. Burry  
Julia Sexton Sears, M. D.

### SPECIAL OFFER

Send 10 cents NOW and we will send The Balance four months on trial.

THE BALANCE PUBLISHING CO.,  
Department 19 DENVER, COLO.

## Ingersoll Beacon

A spicy little monthly at 50 cts. a year, 5 cts. a number.

Devoted to science, Free Thought and the Gospel of Reason and Good Cheer, in contrast with the "foolish forms and cringing faiths" of theology.

Organ of the Ingersoll Memorial Association of Chicago. Edited by William H. Maple.

The Neatest Rationalistic  
Magazine Ever Issued

The BEACON is a friend to all liberal publications and organizations. One and two-cent postage stamps taken. Subscribe now. Each number is worth the price for a year.

Ingersoll Beacon Co., 78 LaSalle St., Chicago

### IF YOU WISH TO KNOW ABOUT YOURSELF

send for my list of books which includes a Synopsis of the signs of the Influence of the Zodiac upon Human Life, free.

Eleanor Kirk.

235 West 75th St. NEW YORK CITY.

When writing to advertisers please mention THE STELLAR RAY.

## COMBINATION TISSUE TABLETS,



C. S. CARR, M. D.  
Editor Medical Talk

Like other potent remedies, ought to be used under competent advice. While Tissue remedies are essentially harmless, their full benefit is only obtained when used properly. It requires as much skill and judgment on the part of

a physician to prescribe Tissue remedies as any other remedies.

Enclose 2 cent stamp for my little booklet on Combination Tissue Tablets. Address:

**C. S. CARR, M. D.,**  
Columbus, Ohio.

## ASTROLOGICAL ENCYCLOPEDIA

PRINTED ON BIBLE PAPER—96 PAGES,  
6½x4½ INCHES—TELLS YOU WHAT IS  
WHAT.

This encyclopedia contains definitions of all the terms used in the science of astrology. It is compact and complete. Contains as concise and full information as larger dictionaries that usually sell for \$3.00 or \$4.00. Convenient size to carry in the pocket. Anyone who will study this book and comprehend the importance of this work will have a fund of knowledge that will prove invaluable, and he will be wiser than Solomon in all his glory.

The price of the work is 50 cents, postpaid. Or we will send THE STELLAR RAY for one year and the Astrological booklet for \$1.25.

**ASTRO PUBLISHING COMPANY,**  
Hodges Bld'g, Detroit, Mich.



## SELF MASTERY THE SECRET OF ALL SUCCESS FREE

If you would realize the full attainment of your own inherent possibilities, send me your address and I will mail you

**FREE**  
A complete copy of  
**SELF MASTERY**  
Write today.

**CHAS. MCKAY**  
Self Mastery Bldg., Corry, Pa.

## Fasting Feeds You.

WITH THINGS MUCH BETTER THAN FOOD.

With Strength-Beauty-Energy-Courage-Vitality-Wisdom-Faith-Independence-Endurance-Joy-Peace-Love. These facts are proven.

Proven by experience and written into a book by the man who did it. He had read Dewey, Fletcher and Haskell; he had worked with MacFadden, Prophet, and others of like repute; he had seen the benefits of Fasting—but he was *not* satisfied; so he took a *Thirty Day Fast* for himself.

Perhaps you aren't satisfied.

You may have tried and failed—many people think they fast when they only starve. Or you may have never tried at all. I don't blame you, considering the failures of most who have.

Anyway—listen.

There is no disease on earth, of body, mind or soul, that can resist a proper period of sane Fasting scientifically employed. You don't have to do it—but you must know what it will do. There are *Twenty Rules* of utmost importance governing a scientific Fast. These are given exclusively in "The Philosophy of Fasting" by Edward Earle Purinton. A large beautiful book of 130 pages, price \$1.10 by post. Send a stamp for circular containing remarkable opinions by Doctor Latsen, Doctor Tyrell and other authorities.

I direct a sanitarium in New York City and Butler, New Jersey, where we convince people by curing them. **NATUROPATHY** can't help curing. Investigate. For a dime I'll mail you a big bundle of literature, also my magazine, "Naturopath", three months. Visit our Health Supply Store—where things look, taste and feel as good as they are. Think—decide—act. And success is yours.

**Benedict Lust, N. D.**

S. R. 124 East 59th Street, New York City.

When writing to advertisers please mention THE STELLAR RAY.





## CROOKED SPINES MADE STRAIGHT

If you are suffering from any form of spinal trouble you can be cured in your own home without pain or discomfort. A wonderful anatomical appliance has been invented by a man who cured himself of Spinal Curvature. Its results are marvelous. It is nature's own method. The scientific and medical world is amazed at the work being effected. Noted physicians in prominent medical institutions and in private practice are endorsing it. The Sheldon Method relieves the pressure at the affected parts of the spine, the whole spine is invigorated and strengthened, all soreness is taken out of the back, the cartilage between the vertebrae is made to expand, the contracted muscles are relaxed and the spine is straightened. There is bright hope for you, no matter how long you have suffered. We have strong testimonials from every State in the Union. The appliances are being sent all over the world. Each one is made to order from individual measurements and fits perfectly. There is positively no inconvenience in wearing. **We let you use it 30 days** and then, if unsatisfactory, return it and get your money back. Write for our new book, giving full information and references.

PHILO BURT MFG CO., 247 2nd St., Jamestown, N. Y.



YOU OUGHT TO HAVE

## THE SWASTIKA

(THE ANCIENT SYMBOL OF  
GOOD FORTUNE.)

"A Magazine of Triumph" Devoted to  
The Message of Truth and Individualism.

Edited by DR ALEXANDER J. McIVOR-TYNDALL, New Thought Editor of the  
Denver Sunday Post, with a circulation of 80,000.

One dollar per year; 10c per month. Special offer—Send  
10c for single copy, or 25c for four months trial subscription.

Special contributors: Baba Bharati, the Hindu sage; Yono Simada, the  
Japanese philosopher; George Edwin Burnell; Grant Wallace; Ali Nomad.

You will like the Swastika series of new books by Dr. McIvor-Tyndall.  
Ghosts, 35c. How Thought Can Kill, 25c. How to Read Thought, 12c.  
Proofs of Immortality, 12c. Magazine and books may be ordered of the  
publishers. Address: PSYCHIC SCIENCE DEPARTMENT,

Wahlgreen Pub. Co., 1742-1748 Stout Street, Denver, Colorado.



## HOW TO CURE DRUNKENNESS

Food, Drinks and Treatment for the Drunk-  
ard and the Smoker. A sure cure effected  
without the knowledge of the patient. This  
booklet is written to be given as a premium  
with subscriptions to

**HUMAN CULTURE** and cannot be purchas-  
ed for any money. They are worth **FIVE  
THOUSAND DOLLARS** to any wife or  
mother wishing to eat for **Health, Strength  
and Beauty**, or who wishes to cure her hus-  
band or son of **Smoking and Drinking** habits.

Send \$1.00 and you get the above booklet  
**FREE**, and **HUMAN CULTURE** for one  
year. Address:

**HUMAN SCIENCE SCHOOL,**  
130 Dearborn St., Chicago, Ill.

## Learn a Paying Profession while at Home

### SPECIAL MAIL COURSES

in electro-dermatology and medical electrification,  
baths of all kinds, massage, etc. Thorough, practical  
instruction. Learn how to treat chronic diseases with-  
out drugs. Diploma issued at close of course to those  
qualified.

The removal of facial and bodily blemishes by elec-  
trolysis can be successfully done, and the method easily  
learned, and good fees earned.

### The Electro-Therapeutist

a monthly journal of electrification as applied to  
medicine and surgery. Sample copy free on application.

### The National College of Electro-Therapeutics

Address H. D. BENNETT, M. D., M. E., Secretary

LIMA, - - - OHIO

### ESSENOLOGY.

Do you want to learn how to control yourself, and how  
to exercise the greatest control and influence over others?  
Do you want to know how to preserve your health, how to  
keep your mental and physical organism in harmony? Do  
you want to know the laws of mental action and their ap-  
plication? Do you want to know how to use the wonderful  
powers of your own mind, Prevision, Telepathy, Mental  
Attraction, Weather Forecasting, Mineral Divination?  
Send stamp for pamphlet. **THE COUGHER MENTAL  
TRAINING SCHOOL**, Simpson Block, Kansas City, Kan.

## 6 BOOKS 24 CENTS

To introduce the Life Science Books I will send you six (regular price 25 cents each) for twelve two-cent stamps to cover postage and packing. Titles are: 1. *The Magic Self*. 2. *Power of Thought*. 3. *Love is Power*. 4. *Woman's Secret Power*. 5. *How to Rule Your Kingdom*. 6. *Useful Practices*. Some have had their whole lives changed by these books. Send quick.

WILLIAM E. TOWNE, Dept. 17,  
Holyoke, Mass.

## COSMIC LIGHT

Cosmic Light is a monthly magazine devoted to Occult Science, New Thought and Evolution. It has lessons on Development for those studying occult science: commonly known as Spiritualism that are worth gold dollars to the sensitive Psychic or Medium; also to the healers and the hypnotists.

New Thought people are delighted with this department and the persons interested in the Higher Life and Evolution want it regularly after reading one copy. The price is \$1.00 per year, but we will send it 3 months for 10c silver, on trial. Address,

### COSMIC LIGHT,

Dept. R.

Pittsburg, Kansas.

### YOUR CHARACTER

and personality will be read from your handwriting upon receipt of 25 cents and specimen.

No Other Fees will be Solicited

LOUISE RICE, 11 W. 21st St., New York

## THE PROGRESS.

An Independent, Family, Literary Weekly Newspaper, with Special Departments of Original Verse and Advanced Thought Articles and Discussions.

Sample Copy Free. Price, One Dollar a year  
Address, THE PROGRESS, Minneapolis, Minn.

## What Sayeth the Prophet?

For thirteen consecutive years I have published "Planets and People" or Ormsby's Annual Prognosticator and Year Book of the Heavens. The 1907 edition is just out and is, if possible, more complete than ever before. My Year Book gives advance information, it answers all questions relative to Business, Health, Speculation, Births, Agriculture and Trade and is worth a Thousand Dollars to anyone engaged in speculative or mercantile business. It covers the coming year, 1907, from start to finish. I have hundreds of clients who have never missed an issue and who would not be without my Year Book if it cost five times the price I ask. It is the only book of its kind published and the fact that it has been published every year for thirteen years and has met a constantly increasing demand is sufficient proof of its merit.

EIGHTY PAGES (with cover in colors) of practical information and advice for the family, the traveler, the merchant, the student—for those engaged in any walk of life, sent anywhere postpaid for One Dollar. Address me personally today.

F. E. ORMSBY,

Dept. 531, 26 Van Buren St., Chicago.

## Become a Vegetarian

AND become stronger, healthier, happier, clearer-headed—and save money. Learn about Vegetarianism through

### The Vegetarian Magazine.

The Vegetarian Magazine stands for a cleaner body, a healthier mentality and a higher morality. Advocates disuse of flesh, fish and fowl as food; hygienic living and natural methods of obtaining health. Preaches humanitarianism, purity and temperance in all things. Upholds all that's sensible, right and decent. Able contributors. Has a Household Department which tells how to prepare Healthful and Nutritious Dishes without the use of meats or animal fats. Valuable hints on Child-Culture—how to inculcate unselfishness, benevolence and sympathy in children. A magazine for the whole family. Uniquely printed, well illustrated. Pages 7 by 10 inches in size. Published monthly. Sent postpaid to your address, 1 year, for \$1; 6 mos., 50c; 3 mos., 25c; 1 mo., 10c. No free copies.

THE VEGETARIAN MAGAZINE

80 Dearborn St.,

CHICAGO, ILL.

When writing to advertisers please mention THE STELLAR RAY.

# EVERY PERSON, YOUNG OR OLD, SHOULD READ THE NEW BOOK VITALITY

A 300-page cloth bound book on Hygiene, Physical Development, Breathing, Internal Exercise, Diet, Nerve Force, Hydropathy, and the Vital Functions by the world's greatest authorities

Authors:—CHAS. A. TYRRELL, M. D.; R. T. TRALL, M. D.; FELIX L. OSWALD, M. D.; M. L. HOLBROOK, M. D.; M. J. RODERMUND, M. D.; PAUL VON BOECKMANN, R. S.; AND SUSANNE W. DODDS, M. D.

## CONTENTS

### PHYSIOLOGICAL TRAINING.

The true science of building muscle. Why lung culture should precede muscle culture. The kind of exercise that benefits. How to secure harmonious development of the entire body, and perfect bodily function. A complete system of exercises without apparatus. Profusely illustrated.

### GENERAL HYGIENE.

Why hygiene is better than medicine. The relation of air, sunshine and water to the body, and their great importance. The fallacy of the drug method of treating disease. Why natural methods must be the best, with overwhelming proof of their superiority. Nature the only true physician.

### DIET.

Food scientifically combined. How it benefits the body. The best food for generating muscular, brain and nerve force. The proper foods for different temperaments. The economy of a healthful diet. Incorrect dietary habits exposed. What to eat. When to eat. How to eat. The kind of body you have depends upon the kind of food you eat.

### NERVE EXHAUSTION

Why people break down. The causes of nervous collapse explained. How to conserve nerve force. Why weak people are plentiful. Effect of worry and overwork. The brain and both nervous systems fully explained. Invaluable information for all that suffer from impaired nervous power. In the form of rational advice and instructions how to restore it.

### SEXUAL PHYSIOLOGY

The importance of a correct knowledge of this subject. How vitality may be weakened and lost by ignorance of self. The natural functions described and explained. Their proper employment a blessing to humanity; their abuse the greatest source of misery. A history of the marriage relation and marriage customs. A definition of true love. What constitutes a perfect marriage. Things that every adult should know.

### RECREATION

A natural instinct in man. The necessity of relaxation. Valuable lessons to be learned from the animal kingdom. Recreation as important as work.

### THE CARE OF THE INTERNAL ORGANS

How derangement of the stomach and intestines occur. Intestinal function explained. Why the majority of diseases result from internal derangement. The functions of the skin. How to cure indigestion and constipation. The immense importance of water to the physical system. How perfect internal function may be restored and preserved. Things to avoid. Valuable hints to people of sedentary habits. Hydropathic treatments and how to give them. The key to health.

**Upon receipt of price, \$1.00, Vitality will be sent postpaid.**

**LIMITED OFFER No. I**—"Vitality" will be sent free upon receipt of \$2.00, for two yearly subscriptions to Health.

**LIMITED OFFER No. II**—"Vitality" postpaid, and a year's subscription to Health, sent to one address, for \$1.50.

HEALTH is a 96-page monthly magazine, devoted to the subjects of Hygiene, Physical Development, Mental Force, etc. Every family can save several hundred dollars in doctor's fees by reading and following the practical advice given in each issue.

## HEALTH PUBLISHING COMPANY

Dept. S.R.

321 Fifth Avenue, New York City



CHAS. A. TYRRELL, M. D.



M. J. RODERMUND, M. D.



PAUL VON BOECKMANN, R. S.



F. L. OSWALD, M. D.



M. L. HOLBROOK, M. D.

When writing to advertisers please mention THE STELLAR RAY.

## The Esoteric System of Development.

When statesmen, physicians, clergymen, teachers, mechanics, farmers, men and women in all walks of life write, as Mrs. Neville—"I have developed clairvoyance," it is high time to investigate so important a System of Philosophy. You may try the Esoteric formulae of Albertus Magnus or Theosophical Society, if you will, here is the essence of it all in this System. You pay hundreds of dollars for "tricks," "frauds," "legerdemain," "bogus rules," "dark" circle methods, which often lead to insanity or obsession. This System is a conscious one, and you develop consciously and use your psychic and occult power consciously.

✍ All I ask of you is to apply my System according to the simple rules or conditions—the rest follows.

✍ My terms are within reach of every earnest student. Send for prospectus enclosing a stamped, addressed envelope.

## Practical Books for Psychic Unfoldment.

✍ I positively guarantee results if you follow my simple instructions.

**CLAIRVOYANCE**—Cloth-bound, price \$1.50, (reduced from \$2.00.) It teaches you how to penetrate the veil of sense and matter, converse with spirits, read the crystal, see the future, prophesy, attain illumination, and be a Yogis. "All students will do well to study this excellent volume." W. J. Colville. "It is a revelation."—Light. "Best work on the subject."—Mind. "Marvelous—Epoch-making."—Lillian Whiting.

**SPIRIT WORLD**, by Gaffield, cloth 75 cents.

**AURAS AND COLORS**—With exhaustive dictionary of color meanings. A unique book for unique people. Price 50 cents.

**PSYCHOMETRY**—The first and only book which teaches the science so that you can practice it. Price 50 cents.

**REALIZATION**—How to enter the super-consciousness and be a Yogis. Price 50 cents

**CRYSTALS** for crystal-gazing, a new lot at \$2.25 each, postage prepaid.

**HOW TO REMEMBER PAST LIVES**—A Mss. series on this fascinating subject. Price \$1.00.

Make moneys payable to

**J. C. F. GRUMBINE,**

(Specialist in Occult Sciences)

24 STRATHMORE ROAD, BOSTON, MASS.

## WISDOM FROM THE WOODS

Are you interested in the "Simple Life"? Even the most complex livers are attracted by the woods, the streams, the placid lakes, the songs of birds, the ripening fruit, the quiet, restful life among trees and flowers; and all such will be interested in a magazine, pencilled, printed, proof-read, published, pasted and posted amid these conditions and surroundings, and whose makers are "living the life".

**The Building of a Backwoods Center** is interesting alike to those engaged in the work and to all who read about it. In selecting your winter's reading, don't fail to add to your list of magazines that **Unique of the Unique**, "Soundview" whose views are sound and whose contributors are sane (or partially so).

### Some Soundview Specials.

1. "Soundview" one year and a copy of "Wildwood Philosophy" (a cloth bound book, former price \$1.00.) both for \$1.00.
2. "Soundview" one year and a copy of Mae Lawson Herself's "et-Matins" (first book of "The Evergreens"—soon ready) both for \$1.00.
3. "Soundview" six months (trial trip) 25c.
4. Two months of "Soundview", "Soundview Jr.", and "The Choice" (a Sex Poem by E. E. Purinton) 10c.
5. One sample copy for five one-cent stamps (or FREE if you can't stand that much).

If none of these offers suits you just go to — the news stand and pay 10c per copy, \$1.00 per year. "A Sex Symposium" a special feature.

### THE EVERGREENS (That's who.)

Olalla, Wash. (That's where) U. S. A.  
P. S. Alaska-Yukon-Pacific Exposition, Seattle, 1909 only 16 miles from the "Evergreenery".

## Would You Better Your Circumstances?

### LEARN HOW

A book whose value is beyond computation, overflowing with inspiration and practical wisdom and telling you that very thing, is

**As a Man Thinketh**, by James Allen.

You will want to carry it in your pocket and commit it to memory, once you have read it.

Send \$1.00 and you get this book Free and The Liberator (that splendid monthly of Health and Freedom) for one year. Sample copy 10 cts.

Address

**The Liberator Publishing Company,**  
MINNEAPOLIS, MINN.

## THE ALTRUIST

Is a monthly paper, partly in phonetic spelling, and devoted to equal rights, united labor, common property, and Community Homes. It is issued by the Altruist Community of St. Louis, whose members hold all their property in common, live and work together in a permanent home for their mutual enjoyment, protection, assistance and support, and both men and women have equal rights and decide on all its business affairs by their majority vote. It offers a home and employment for life to all acceptable persons who may wish to join it. 10 cents a year; sample copy free. Address A. LONGLEY 2711 Franklin Ave., St. Louis, Mo.



### "Miss Incognita" That's All!

You will be surprised and delighted to know the rest.

If you want to know who she is, and what she does, and the good things in store for you just write us a postal card.

We furnish a Positive Guarantee as to results.

Address

THE P. P. CO., Box 804, Rome, Ga.

## AUTO-MAGNETISM.

**YOU CAN CURE ANY ACHE OR PAIN** in a few minutes; banish nervousness and cure all troubles arising from a disordered nervous system; gain immediate mastery over nearly every ailment that affects the human body, by means of the simple, natural exercise, Auto-Magnetism. It is marvelous! No drugs, no apparatus. No mental or magnetic treatment. It is a physiological impossibility for the exercise to fail to accomplish all that is claimed for it. No cost whatever save for instructions. You can master instructions at once reading and prove to yourself at once their value. Instructions only \$1.00.

Write for descriptive pamphlet.

**WM. MACKEE,**

**Abbott, Texas**

*How Would Your Ad.*

*Look Here?*

When writing to advertisers please mention THE STELLAR RAY.



READY FOR THE PRESS

## CHICAGO CAVE DWELLERS

Not for Preachers

320 Pages, Cloth, \$1.00  
POST PAID

A Story of the Underworld  
and the Overworld

By Parker H. Sercombe  
Editor To-Morrow  
Magazine, Chicago.

Only a limited edition of this remarkable book will be printed. Each copy will be signed by Sercombe Himself and automatically numbered from 1 up. First orders in will get the low numbers in rotation except No. 1, which goes to Mrs. Sercombe.

Address

**TO-MORROW MAGAZINE,**

For the Superman and Superwoman and The New Civilization,  
2238 Calumet Ave., Chicago, Ill.

10 CENTS THE COPY. \$1 A YEAR.

## Little Journeys

Published Monthly

Written by ELBERT HUBBARD

Circulation per Month - 60,000

Full Page Advertisement - \$100.00

ONE-HALF OR ONE-QUARTER page at same rate. No discount on time contracts—the rates, though, may advance. Copy must be in by the first of the month preceding date of issue. All advertisements subject to our change and revision. However, proofs are always sent for correction.

**T**HE LIFE is a high-class monthly magazine of NEW THOUGHT, artistically bound and printed in excellent type and form.

It is edited by advanced thinkers.

It is unique and original.

It has eight regular departments:—THE LEADER, MEDITATIONS (by a philosopher), HEALING THOUGHTS, BIBLE LESSONS, CORRESPONDENCE, CHILDREN'S DEPARTMENT, LITTLE LESSONS IN ELOHIM and BOOK REVIEWS, besides items of interest and contributed articles by able writers.

Frequent illustrations and inserts appear, by Master Ralph Barton, the staff artist.

The publication is now in its thirteenth year. \$1.00 a year, foreign 5s. Trial subscription 25 cents for three months. Send for sample.

3332 Troost Ave., - Kansas City, Mo.

## Moses Harman in Prison

### A Victim of Comstockism

But "his soul goes marching on" in Lucifer, the Light Bearer, his fortnightly journal on social progress and marriage reforms. All friends of free discussion should subscribe. Price \$1.00 a year.

"Administrative Process of the Postal Department, A Letter to the President," by Thaddeus B. Wakeman.

"Our Despotism Postal Censorship" by Louis F. Post, editor of the Public.

These two pamphlets and three copies of Lucifer, including copy of a special number of Lucifer, devoted to a brief history of the attempted suppression of Lucifer, and the imprisonment of its editor, will be sent for 10c.

Address

**M. HARMAN,**

500 Fulton St., - Chicago.

"RETURN TO NATURE"

This unique book on drugless healing, this month for \$1.00. For 10c. will send synopsis and three copies of Naturopath and prospectus of Nature Cure Sanitarium:

B. Lust. N. D., 124 E. 50th Street N. Y.

When writing to advertisers please mention THE STELLAR RAY.

## THE ADEPT

Is another of these  
Freak Journals,

devoted to Astrology, Monism or Fatalism as some are pleased to call it. You can get a free sample copy, by addressing The Adept, Crystal Bay, Minn. You can also get \$1000.00 cash if you will demonstrate to the Editor of the Adept that you are a Free Moral Agent.

# A GREAT OFFER

## For You Only

Read this announcement. It is your opportunity. If you don't read it you will miss your chance. The greatest magazines in this country have combined to be offered together at a greatly reduced rate. Never before was such an offer given to the public, and, it is safe to say, never will be made again. Only a limited number will be sold at this price, therefore we advise everyone to accept this offer without delay. When we have received a certain number we shall withdraw the offer.

|                                |        |              |
|--------------------------------|--------|--------------|
| Cosmopolitan, per year.....    | \$1.00 | OUR<br>PRICE |
| THE STELLAR RAY, per year..... | \$1.00 |              |
| Total, per year .....          | \$2.00 |              |

|                                |        |              |
|--------------------------------|--------|--------------|
| Cosmopolitan, per year.....    | \$1.00 | OUR<br>PRICE |
| World To-day, per year .....   | \$1.50 |              |
| THE STELLAR RAY, per year..... | \$1.00 |              |
| Total, per year .....          | \$3.50 | \$2.30       |

|                                       |        |              |
|---------------------------------------|--------|--------------|
| Cosmopolitan, per year .....          | \$1.00 | OUR<br>PRICE |
| Woman's Home Companion, per year..... | \$1.00 |              |
| THE STELLAR RAY, per year .....       | \$1.00 |              |
| Total, per year .....                 | \$3.00 | \$2.00       |

|                                  |        |              |
|----------------------------------|--------|--------------|
| Cosmopolitan, per year.....      | \$1.00 | OUR<br>PRICE |
| Review of Reviews, per year..... | \$3.00 |              |
| THE STELLAR RAY, per year.....   | \$1.00 |              |
| Total, per year .....            | \$5.00 | \$3.00       |

|                                       |        |              |
|---------------------------------------|--------|--------------|
| Cosmopolitan, per year .....          | \$1.00 | OUR<br>PRICE |
| Review of Reviews, per year .....     | \$3.00 |              |
| Woman's Home Companion, per year..... | \$1.00 |              |
| THE STELLAR RAY, per year.....        | \$1.00 | \$3.50       |
| Total, per year.....                  | \$6.00 |              |

|                                |        |              |
|--------------------------------|--------|--------------|
| Cosmopolitan, per year.....    | \$1.00 | OUR<br>PRICE |
| Harper's Bazar, per year.....  | \$1.00 |              |
| THE STELLAR RAY, per year..... | \$1.00 |              |
| Total, per year .....          | \$3.00 | \$2.00       |

Send in your subscriptions at once so as to get in on this splendid offer. Address:

THE STELLAR RAY, Hodges Bld'g, Detroit, Mich.

# 'TIS THE NATURAL WAY! CATARRH CURED WITHOUT DRUGS

IT IS FOLLY TO LOAD YOUR "STOMACH" WITH DRUGS FOR THE CURE OF A DISEASE IN YOUR "HEAD."

Ninety-three per cent of the people of this country are afflicted with some form of Catarrh. They are living store-houses, or distributing stations, disseminating germ life that breeds diseases ranging from incipient Catarrh to quick consumption. Air is the agency through which these germs find lodgement in the air passages—air should be the agency through which they are destroyed and removed.

I say, I CAN CURE YOUR CATARRH. I say this confidently because I know what my new and Wonderful Discovery has already done for hundreds. I know what it will do for you and all I ask is that you will LET ME PROVE IT. In order to prove its benefits I am making a Special Offer to readers of this Magazine. Read it.

Catarrh Sufferers should realize the fact that Catarrh is a very dangerous ailment. It is the beginning of nearly all diseases of the head, throat and larynx and is the forerunner of consumption.

First a slight cold, acute in form, being neglected becomes worse, finally chronic, and leads to still worse conditions. How important it is that every person consider this matter seriously for himself. Catarrh is constantly on the increase.

There is more today than five years ago. Almost all people are subject to frequent colds. They are seemingly becoming more susceptible to this influence each year. Various causes lead to this condition. I am offering you my Spray Medicator and Liquid Spray to counteract these emergencies.

I OFFER what is really a GODSEND to sufferers from



MY AFFLICTED FRIEND, do not suffer longer from this cruel Catarrh. Don't drag out a miserable existence, a curse to yourself, a nuisance to those around you. Don't let down the best to move dangerous disease. (CONSUMPTION MOST FREQUENTLY STARTS IN CATARRH) MY NEW TREATMENT is applied direct. No drugs to swallow; its application is a pleasure. As if by magic it stops the hawking, spitting, snuffing and snuffing, relieves the maddening head noise, does away with the nauseating dropping of mucus into the mouth; the queer, stuffy and oppressed feeling of the head; the painful burning and smarting of the air passages. Soothes and heals the irritated membranes and leaves the head as CLEAR AS A BELL. IT IS FOLLY to take Medicine into the stomach to kill the germs of Catarrh in the head.

A FREE TRIAL. If it doesn't satisfy, it costs you nothing. That is MY SPECIAL OFFER for the next thirty days, if you will write me stating that you saw my ad. in this Magazine. I will mail you my new Spray Medicator with full treatment of Liquid Spray and complete directions for a quick home cure. If it gives perfect satisfaction after ten days' trial, and you are pleased in every way and wish to continue the treatment, remit the price, \$2.00. If you are not satisfied, mail me back the medicator and the trial has cost you nothing.

It often costs me more than \$2.00 to place this treatment in the hands of my customers, and I have not one cent of profit except I receive future orders through your influence. I will deal fairly with you as I do not want your money unless benefited. Sufferers from Catarrh realize that delay is dangerous, therefore, write today and get the treatment started. Address,

**E. J. WORST**

**54 MAIN STREET.**

**ASHLAND, OHIO.**

My special offer should be convincing proof to any reasonable person that my treatment is meritorious—is just as I represent it.

I deal direct with the patient—there are no doctors' fees, no agents' profits—no chance to substitute. Every instrument, every treatment, goes direct from my laboratory to you. Mine is the latest appliance—the most perfect cure on the market to-day. It soothes and heals the irritated membranes. I offer to prove this, FREE.

Catarrh, Head, Bronchial and Throat troubles.

A new and wonderful medical discovery that cures by striking at the root and cause of the disease—by KILLING THE GERMS.

A CURE for YOU, no matter in what bad shape you are. NOW I DO NOT ASK YOU to take my word, not that of the cured hundreds. Instead, I want you to try this treatment, entirely at my personal risk, at my expense. Just say the word and I will send the treatment to you without pay or promise on your part. If, at the end of ten days' trial, you do not feel like a new being, if you do not honestly bless the day that you answered this advertisement, simply return the Medicator to me. You are nothing out. Isn't that a fair and honorable offer? Your word decides it. I fully trust and believe you.

My treatment cures Catarrh, Asthma, Head Colds, Pains and Roaring in the Head, Bronchitis, Sore Throat, Headache, Partial Deafness, La Grippe and all diseases of the air passages by a patented method of dry inhalation.

The treatment is easily carried with you, may be used anywhere, at any time.

Read what grateful persons write:

"Your treatment has done me more good in three days than all others I have used in a life-time."

J. D. S. ATKINS, Durham, N. C.

"After using your treatment one week I have got my hearing back, which I thought was lost forever."

REV. ALBERT EOLI, Elgin, Ill.

"I have been using your medicator three weeks and would not take \$1,000 for it if I could not get another. I can sing again, something I have not done for two years."

MINNIE COLLINS, Hayner, Ala.